sugababes

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BRENT CROSS

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The Welsh Harp

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sugababes

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BRENT CROSS

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The Welsh Harp

edited by George Nesbitt

THIS PLAQUE COMMEMORATES THE
COMMENCEMENT OF THE CONSTRUCTION
OF

THE BRENT CROSS SHOPPING CENTRE

Unveiled by

Councillor F.D. GIBSON
The Worshipful The Mayor of
the London Borough of Barnet

SYDNEY MASON Esq.
Chairman of the Hammerson
Group of Companies

ON 11th DECEMBER. 1973

R.H. Williams Esq.
Chief Executive & Town Clerk

Architects:
The Bernard Engle Partnership

General Contractors: Sir Robert McAlpine & Sons Limited

Dixons
JOHN

11 September 2000

Overload, the lead single from Sugababes' debut album is released.

17 September 2000

Overload reaches Number 6 in the UK Singles Chart.

22 September 2000

Sugababes make their first appearance on Top of the Pops, performing Overload at BBC Elstree Studios.

29 October 2000

British Summer Time ends. The clocks go back one hour.

27 November 2000

One Touch, Sugababes' debut album is released.

The group's first appearance on Top of the Pops can be found in a pixelated YouTube video. TV presenter Jamie Theakston introduces:

This is the brilliant Sugababes.

The camera swoops above heads to a black and white tiled stage in the middle of the studio; with the audience standing on all sides, Sugababes sit - heads lowered - on three metal bar stools. The backing track kicks in.

It's Siobhan who sings the first verse:

((HEADS UP))

Strange fear I ain't felt for years

Mutya and Keisha's mics rest in their laps as they wait for the chorus, they remain still but not totally frozen.

Discrete movements punctuate the performance, marking out the beat: just after *imagination's playing round for free* each Sugababe turns their head to the right, then immediately back to the front; when Siobhan sings *skipping school, go walk for air* they each reposition their legs from folded to straight.

The verse finishes; all three look to the floor, and then:

((CROSS LEGS))

((HEADS UP))

((LOOK LEFT))

((MICS UP))

CHORUS:

Train comes I don't know its destination

((HEADS SLOWLY RIGHT))

It's a one way ticket to a madman situation

VIDEO URL	ACCOUNT	DATE OF INTERVIEW	PAGE
Sugababes - Popworld Interview With Live Clips 27/05/2001 https://www.youtube.com/watch?v=L4BzcEPw4Cg	PureAsMySinsAllow	27/05/2001	1
Sugababe Mutya Buena Interview in Australia 2001 https://www.youtube.com/watch?v=bJxcyOBPpWs	ipolson	~~/08/2001	4
Sugababes : Interview (Popworld 2002) https://www.youtube.com/watch?v=0ve9iosQcOk	TheSugababesLover91	~~/05/2002	14
Sugababes : Interview (Popworld 2003) https://www.youtube.com/watch?v=P4cMeBjUPZc	TheSugababesLover91	05/10/2003	21
Sugababes : Interview at AOL : How it all began https://www.youtube.com/watch?v=E0rMgjxpW2k	ipolson	19/02/2004	27
What Sugababes think about Mutya? https://www.youtube.com/watch?v=-tYVPgWrU4w	Tereza Živná	~~/~~/~~~~	31
Sugababes : Interview On Frank Skinner Show 2005 https://www.youtube.com/watch?v=bb0_2idLLoQ	TheSugababesLover91	17/11/2005	34
Sugababes : Interview (Popworld 2006) https://www.youtube.com/watch?v=prZE4TND558	TheSugababesLover91	03/06/2006	46
Sugababes : Interview (Popworld 2006) https://www.youtube.com/watch?v=u9ZOo9P4QG8	TheSugababesLover91	28/10/2006	52
Loose Women: Siobhan Donaghy https://www.youtube.com/watch?v=3MV3HbtbYL4	myloosewomenchannel	09/05/2007	57
mutya mobile interview https://www.youtube.com/watch?v=5f8HZdiQfaE	angel789	~~/~~/~~~~	61
Series 3 / Episode 9 - Sugababes Interview https://www.youtube.com/watch?v=lZ5oQRv0KFY	thealbumchartshow	03/09/2007	63
Sugababes interview https://www.youtube.com/watch?v=Ytx3WAo4Vos	dailymirror	03/09/2008	67
Sugababes : Interview (Paul O'Grady Show 2008) https://www.youtube.com/watch?v=l42HFWoyyA8	TheSugababesLover91	28/11/2008	73
Mutya Buena : Interview (GMTV 2009) https://www.youtube.com/watch?v=q1S16RwqodU	TheSugababesLover91	24/09/2009	84
2009-11-12 GMTV - Q&A https://www.youtube.com/watch?v=DO604bWIGWw	heidirangefan1	12/11/2009	90
Sugababes : Interview (This Morning 2010) https://www.youtube.com/watch?v=FPtuABG6Y4s	TheSugababesLover91	26/01/2010	100
Sugababes : Interview With MSN Xclusives 2011 https://www.youtube.com/watch?v=Oe8BJGtcdgU	TheSugababesLover91	~~/~~/2011	108
Mutya Keisha Siobhan (MKS) : Interview (BBC Breakfast) https://www.youtube.com/watch?v=HWj-mxVPVD4	TheSugababesLover91	18/09/2013	113
Mutya Keisha Siobhan (MKS) Interview, Dublin on Xpose https://www.youtube.com/watch?v=_K1Y7M3j5wM	John Ralph	04/12/2013	122

Sugababes - Popworld Interview With Live Clips 27/05/2001
https://www.youtube.com/watch?v=L4BzcEPw4Cg
PureAsMySinsAllow

[[FOOTAGE MISSING]]

MIQUITA --meet up with the Sugababes.

SIMON In just over a year they have stamped their mark on the R&B scene and proved there's more to girl power than just wearing big platform boots and bulging out of a Union Jack dress.

MIQUITA And now they've gone all continental on us and erh we donned our berets, grabbed our baguettes and nipped across the Channel to talk to *les bébés de sucre* on their promotional trail in France.

[[CUT]]

SIOBHAN Hi I'm Siobhan.

KEISHA Hi I'm Keisha.

MUTYA Hi I'm Mutya, [and we're the Sugababes.

KEISHA [And we're the Sugababes.

SIOBHAN [And we're the Sugababes. And we're here in Paris where last night we did our first gig here, and--check it out.

[VIDEO: PARIS MONTAGE + OVERLOAD LIVE PERFORMANCE: 18s]

MUTYA Knowing it was our first gig in Paris, [it was quite exciting..

SIOBHAN [It was a bit of pressure. Yeah it was--I d--I got a bit nervous but--done the set so many times now [it's like we know it

KEISHA [Yeah, it's a breeze.

SIOBHAN inside out so.. We can just have fun with it.

[VIDEO: OVERLOAD LIVE PERFORMANCE: 4s]

KEISHA We did eight--eight tracks altogether off the uhm album and=

SIOBHAN =Seven=

KEISHA =Seven? Oh yeah=

SIOBHAN =One acapella=

KEISHA =Seven, one acapella=

SIOBHAN =Yeah=

MUTYA =Mhmm=

KEISHA =And--

SIOBHAN --The next one was One Foot In, where we did a dance routine for that.

[VIDEO: ONE FOOT IN LIVE PERFORMANCE: 9s]

KEISHA We just freestyled on the s--uh--like on most of the songs because we've got really horrible memories so [y'know..

MUTYA [Can't think of the actual [list of what we've done.

KEISHA [If--if you give us a routine we won't remember it.

SIOBHAN [If we can't (INAUDIBLE) we can't be bothered to remember it=

KEISHA =Yeah we can't--bothered to remember it, so we just do our own thing, y'know=

MUTYA =Yeah.

[VIDEO: ONE FOOT IN LIVE PERFORMANCE: 7s]

[VOICEOVER: MIQUITA: And you can expect plenty more dance moves in the future.]

KEISHA Maybe for touring 'cause I wanna do something uhm--really uhm [y'know..

MUTYA [We'll start bringing in some, y'know, nice boy dancers=

KEISHA =Some--some--some tick brehs.

[VIDEO: RUN FOR COVER LIVE PERFORMANCE: 6s]

[VOICEOVER: MIQUITA: They clearly look and sound great but the girls aren't as perfect as they seem.]

KEISHA I'm always tripping before I go on stage anyway, like falling flat on the ground y'know=

SIOBHAN =((LAUGHS))=

KEISHA =I've done that so many times but I haven't told you two so this is probably the first [time you are hearing this.

SIOBHAN [((LAUGHS))

[VIDEO: PARIS MONTAGE + RUN FOR COVER LIVE PERFORMANCE: 8s]

KEISHA Yeah this is our first time here in--in Paris, y'know,

MUTYA [As a group.

KEISHA [as a group. And it's wicked man, like for shopping and that, the culture's really mixed it's not just [one race,

MUTYA [Yeah.

KEISHA y'know, [everything's cool. It's kind of like the UK,

MUTYA [Yeah.

KEISHA y'know, it's a [really cool place.

SIOBHAN [Multicultural.

[[CUT]]

SIOBHAN This is my first time here and I haven't really seen much and I probably won't before we go home.

[VIDEO: PARIS MONTAGE + SOUL SOUND LIVE PERFOMANCE: 5s]

SIOBHAN When you go away you sort of see the airport, your hotel and the venue--((LAUGHS))--but you--when you're driving from one part to the next--uhh--one place to the next you sort of see a little bit of the place.

[VIDEO: SOUL SOUND LIVE PERFORMANCE: 5s]

[POPWORLD IDENT: 2s]

SIMON And we can exclusively reveal that that track Soul Sound will be the girls' next single.

[[ENDS]]

The Welsh Harp Reservoir is an important lung of open space in north-west London. For those who drive around the North Circular Road it provides visual relief to the heavy flow of traffic. The stretch of water was once much larger and would have covered Brent Cross Shopping Centre.

Hewlett, G. (2011). Welsh Harp Reservoir. Stroud: Amberley, back cover.

RUN FOR COVER

- Ladbroke Grove (night)
  - Footbridge
  - Pavement
  - Pedestrian underpass (grey tile)
  - Basketball court exterior
  - General streetscape (from moving vehicle)

- Black cab
  - Back seat interior

- House party
  - Stairwell
  - Living room (wood panelling, bare plaster)

Sugababe Mutya Buena Interview in Australia 2001

https://www.youtube.com/watch?v=bJxcyOBPpWs

ipolson

[[FOOTAGE MISSING]]

INTERV. --y'know, at least they're talking about you [((LAUGHS))

MUTYA [((LAUGHS))

Exactly=

INTERV. =Yeah=

MUTYA =Well then.

INTERV. Let's talk about erh One Touch because you--you erh in--in fact the three of you erh were right in there writing the songs=

MUTYA =Yeah=

INTERV. =As this album was erh coming along. So what was the individual parts that you played in the songwriting?

MUTYA Erhm basically, you know, we all had--whatever verses that we sang=

INTERV. =Mmh=

MUTYA =Or did, we would either write it ourselves or have help. Y'know, and erhm we would all take a backing track home with uhm, like a melody to it or we'll make the melody up and we'll come back in, show each other's ideas and we'd use the best ones. Or we'll just take each part and just plot them in, take the producer's=

INTERV. =Mhm=

MUTYA =Melody or erhm verse and put his in=

INTERV. =Mmh=

MUTYA =So it was all equal, nothing was like *oh she wrote the most* or *he wrote the most*=

INTERV. =Yeah=

MUTYA =Ev--everyone had their own ideas and we chose the topics to sing about, so it was

all basically our album which we loved=

INTERV. =Cool=

MUTYA ='Cause you know not many people get to write their own first--their first album=

INTERV. =Mmh=

MUTYA =We got to do that, we had the opportunity to do that=

INTERV. =Yeah=

MUTYA =Which was really cool.

INTERV. What was your job then on uh Overload, for instance?

MUTYA Overload was just to throw in lines an--you know throw in words. It was--k--it was--it was easy 'cause as you can you hear it just sounds--when people ask you *what's Overload about?* Everyone goes *uhmm--yeah* [((LAUGHS)) But

INTERV. [((LAUGHS))

MUTYA it's just basically you know--feeling overloaded, either about school work or peer pressure or anything, anything that's overloading you, that's what it's about=

INTERV. =Mmh=

MUTYA =And it was just like--*just throw in as many words as you can and we'll see what we can make out of it*, and we recorded it within--the track was finished within two hours=

INTERV. =Wow=

MUTYA =That's why it was so--soundin'--it sounds really raw=

INTERV. =Mhm=

MUTYA =Like as if it was like just sang down on a live mic which it was done, it wasn't *oh you have to make it perfect*, 'cause we tried that and the record company said *no* [((LAUGHS))

INTERV. [Mhmm. What about New Year?

MUTYA New Year, we done that for uhm Christmas 'cause we thought y'know=

INTERV. =Mmh=

MUTYA =Not many people come up with Christmassy songs=

INTERV. =Mmh=

MUTYA =Anymore, and actually if erhm--in London Bob the Builder came out, and it was number one=

INTERV. =Yeah=

MUTYA =And it just proves that you know London's not full of Christmas no more=

INTERV. =Mmh=

MUTYA ='Cause no one--

INTERV. --It also proves crap sells [((LAUGHS))

MUTYA [Yeah exactly it also proves that as well because y'know, who ever said Bob The Builder was Christmas number one? And we were like.. And we thought y'know, it could have done better=

INTERV. =Mmh=

MUTYA =But y'know, we put input in that one as well and it turned out alright anyway.

INTERV. Mmh. The guy called Matt Rowe that's erh working with you on [the record, now he's--he's worked with quite a few

MUTYA [Yeah.

INTERV. people and he worked with Spice Girls didn't he?

MUTYA He worked--yeah, he done uhm Viva Forever=

INTERV. =Mmhm=

MUTYA =And he's done some other tracks with the Spice Girls and he's really--he's so lovely, he's like really easy to work with and--you know he knows what we like=

INTERV. =Mmh=

MUTYA =So everything that we did with him=

INTERV. =Mmh=

MUTYA =Was all our ideas.

INTERV. Mhm. And what about Cameron McVey?

MUTYA Cameron McVey he's like a child, seriously he's like a child, he's like uhm--'cause he's got older--he's got teenage children as well, and they used to come down to the studios, y'know, to talk to us, muck about, we used to play computer whatever, and erhm you know so he knows what we wanted and he was quite fun and he wrote about the maddest things as well=

INTERV. =Mmh=

MUTYA =The lyrics that he came up with was most probably worse than ours=

INTERV. =((LAUGHS))=

MUTYA =It was just like *huhh?* But he--he's a lovely man.

INTERV. Mmh. He worked with All Saints as well [didn't he?

MUTYA [He worked with All Saints and he's Nenah Cherry's husband. Yeah.

INTERV. Oh ok.

MUTYA Yeah.

INTERV. Ah. So did she hang around the studio too?

MUTYA Yeah she came down a few times=

INTERV. =Yeah=

MUTYA =To see y'know, say hello and to see what we've been up to and just say y'know well we're doing well and=

INTERV. =Mmh=

MUTYA =She heard this--'cause obviously he showed them the tracks of what we've been doing=

INTERV. =Mmh=

MUTYA =And she loved it and she was coming down and she was--became one of the stars--like, we were like *oh my god I can't believe it's* [*Nenah Cherry.* 'Cause I

INTERV. [((LAUGHS))

MUTYA used to listen to her when I was younger=

INTERV. =Yeah=

MUTYA =Well,

((LAUGHS)) oh god whenever I say that I sound old=

INTERV. =((LAUGHS))=

MUTYA =But I used to listen to her and y'know it was just--she was just there.

[[CUT]]

INTERV. Becoming a popstar at the age of fifteen, that must have been a weird [feeling.

MUTYA [Sixteen.

INTERV. Oh but you were [fifteen when--

MUTYA [But I was--yes [you are right!

INTERV. [You were fifteen.

MUTYA Yes, I was fifteen=

INTERV. =Yeah=

MUTYA =Oops=

INTERV. =Yeah=

MUTYA =Yeah I was fifteen=

INTERV. =Yeah=

MUTYA =It was actually [weird--

INTERV. [Should I say what's it like being a popstar for, ooh, a year now? [((LAUGHS))

MUTYA [((LAUGHS)) True. Uhmm it's hard work=

INTERV. =Yeah=

MUTYA =Really hard. But then y'know if you have a strong mind, y'know things seem to go faster and you don't get as much pressure as some people say you do=

INTERV. =Mmh=

MUTYA =But it's been fun and this is something that we've always wanted to do, we love singing so y'know this is our job.

INTERV. Mmh, and erh-a--being a job is it--obviously you--y'know this is the career now unless y'know you've--you've some hidden aspiration to become an airline hostess or something [I--I gather that this is the career that

MUTYA [((LAUGHS))

INTERV. you've--[you're already in there.

MUTYA [This is the career for now yeah definitely=

INTERV. =Mmh.

MUTYA Y'know but I didn't think it would have started so young though=

INTERV. =Mmh=

MUTYA =Personally I thought I would have started around eighteen, nineteen=

INTERV. =Mmh=

MUTYA =Never at fifteen=

INTERV. =Mmh=

MUTYA =But in the group at the age of--just turned thirteen.

INTERV. Yeah, well--oov--Overload for instance uh was a hit when you were still at school wasn't it?

MUTYA Yeah.

INTERV. So, y'know [what sort of reaction do the other--the other

MUTYA [((LAUGHS))

INTERV. kids have? Yeah.

MUTYA Uhm, in the beginning my friends were like, *you're lying you're not in a group*=

INTERV. =Mmh=

MUTYA =*So why are you leaving school for?* Because I left school in year nine and then I got a tutor, and--and everyone was like *come back to school nothing's going on*, and then you know--couple of months later Overload come out and everyone was really supportive and all--and they've all stuck by me now anyway=

INTERV. =Mmh=

MUTYA =So I haven't lost anyone, y'know you find out who your friends are, but at the same time I think that's a natural package that comes with it=

INTERV. =Yeah=

MUTYA =But everyone that I know and--has always stuck by me and bought the singles and the albums=

INTERV. =Mmh=

MUTYA =Which is really cool.

INTERV. Mmh. Well let's get a few of the basic questions out of the way, the name Sugababes was something that y--you girls yourselves put together wasn't it?

MUTYA Yeah. We were young, and I don't think we [would have come up--

INTERV. [You still are [((LAUGHS))

MUTYA [Yeah--well--a--yeah--obv--that's true actually but, thing is, is that we were--y'know you didn't really think about these things, we had other names but everyone liked the idea of Sugababes and so every time we got introduced it was like *oh here's the Sugababes*, it was no longer *oh meet Mutya, Keisha and Siobhan*=

INTERV. =Mmh=

MUTYA =You know *this is the group that we've got*, this was *oh it's the Sugababes*, so every time *oh hi, meet the Sugababes*, and we were like *oh hi*=

INTERV. =((LAUGHS))=

MUTYA =And then we were like *oh my god what have we done?*=

INTERV. =Mmh=

MUTYA =But you know it works in our favour because the music's not poppy but the actual name of us is quite poppy, young, girly=

INTERV. =Mmh=

MUTYA =But when you hear our music you think *well that's kind of different*=

INTERV. =Sure=

MUTYA =But now we wouldn't choose the name, definitely not ((LAUGHS)) No.

INTERV. What were some of the reject names?

MUTYA Erhm some of the reject names? We came up with some really weird ones actually. I think they were most

probably weirder than Sugababes=

INTERV. =Yeah=

MUTYA =But uhmm=

INTERV. =Have you got an example?

MUTYA An example--what was the examples? I came up with one called *QTz* that was *Q*, just like do a little like--just a little--like a big Q and a T with a little Z=

INTERV. =Yeah=

MUTYA =But everyone was like *no* ((LAUGHS)) *No*. I was like *shame ok then, alright, Sugababes it is*=

INTERV. =Yeah=

MUTYA =So yeah and there was other names that they came up with as well.

INTERV. Now you watch, now that you've said that in an interview someone will have that name within six months, and [they'll go *what a great idea*.

MUTYA [Actually yeah on the internet--'cause I go on the internet a lot--

[[AUDIO MISSING]]

[[FOOTAGE MISSING]]

INTERV. Now uhm--Spice Girls, you've met the Spice Girls haven't you?

MUTYA Yeah we've met every single one of them except for Mel C.

INTERV. Oh okay.

MUTYA Yeah.

INTERV. And were you fans?

MUTYA Yeah definitely, y'know I was--I--I was a fan of them, but I didn't listen to them too much 'cause I wasn't in the poppy music, I loved y'know the R&B, soul singers=

INTERV. =Mmh=

MUTYA =But y'know they're really talented and they've got far from what they were doing=

INTERV. =Mmh=

MUTYA =But I wasn't a proper

fan, I didn't go out and buy their singles, my sisters did=

INTERV. =Mmh=

MUTYA =But I wasn't the one, but I love them they're really nice people.

INTERV. Mmh. What about other girl groups like Atomic [Kitten for

MUTYA [((LAUGHS))

INTERV. instance, uh B*Witched? Y'know do you all--why--why did you laugh there?

MUTYA Mm--((LAUGHS)) Sorry. No 'cause basically with Atomic Kitten=

INTERV. =Yeah=

MUTYA =Let's get this straight, with Atomic Kitten they had wrote in a newspaper, you know, saying that we were criticising them saying that they couldn't sing=

INTERV. =Mhm=

MUTYA =And we thought there was no point us saying they couldn't sing because they were going around--going around saying *Sugababes album is so wicked, they can sing they--we--they--we love them=*

INTERV. =Mmh=

MUTYA =But then I opened up a newspaper one morning and saw *uhm, if that's the only way they can criticise people then they should go find a job in Sainsbury's=*

INTERV. =Mhhm=

MUTYA =And I was like *what have we done to them=*

INTERV. =Yeah=

MUTYA =*To make them talk about us like this?* And we had supposedly been going *oh they can't sing they're so poppy*, but the thing is--it's like now they've made a little--supposedly a little 'war' between Atomic Kitten and Sugababes, so that's what's going around in London as well=

INTERV. =Mmh=

MUTYA =With Atomic Kitten and us.

INTERV. Is that a media thing now?

MUTYA It started out--we--what--the thing is I think it started off--it--well it had to start off with the media saying how we were saying that they couldn't sing=

INTERV. =Mmh=

MUTYA =You know everyone's got their own different ways of singing, and we don't sing like them they sing their own way and we sing our own way, and erhm--but now everyone's like *oh you're so mean, how could you say that about them?* And we're like *we're sixteen--seventeen year olds*, and you know if they were so, if they were adults they would say *why are you speaking about us?* But it went--it was like a two page spread in the newspaper=

INTERV. =Mmh=

MUTYA =On one of the big new--pa--newspapers in London. So I was just like *oh my god*, so now everyone's going *Atomic Kitten versus Sugababes*=

INTERV. =Mhhm=

MUTYA =And now that's just become something really big over what the media's done.

INTERV. Why don't you do what erh Robbie Williams did with Liam Gallagher and challenge him to a--uh--a boxing match?

MUTYA See everyone's been saying--everyone's been saying *why don't you do a competition?* Like get the Sugababes to sing and then get Atomic Kitten to sing, but what good would that be?

INTERV. Yeah.

MUTYA And we thought--

[[FOOTAGE MISSING]]

[[ENDS]]

Construction of Brent Cross Shopping Centre was completed in 1976. At the time, out-of-town 'destination' shopping malls were a new and alien concept in the UK, and much attention was given to the centre's arrival; it was not known how British shoppers would react to this new type of space, or to what extent traditional retail habits were about to be re-written.

The *dumbbell* shaped mall is an American archetype, and it is from this model that Brent Cross was conceived:

> Two competing department stores - John Lewis and Fenwick's - are placed at opposing ends of the floorplan, these are the dumbbell's weights.
>
> The anchor stores are connected by an indoor boulevard of smaller shops: the dumbbell's arm.
>
> The layout repeats over multiple stories, with terraces and walkways looking down onto lower levels.

The floor of the centre is clean marble, and the light inside consistently springlike; shoppers stay, making leisure of their journey between businesses.

The original mall featured a water garden in its central atrium - which had a fountain, indoor plants and seating - where the centre's users could convene beneath a stained glass ceiling. These features were removed as part of refurbishments in 1994, and the colourful glass of the roof was replaced for clear, altogether establishing a wider thoroughfare with increased levels of natural light.

A small memorial garden exists on the site, by the northern entrance of John Lewis. The River Brent runs east to west through the south car park, accommodated by a concrete embankment.

BRENT CROSS

BRENT CROSS
SHOPPING CENTRE

Sugababes : Interview (Popworld 2002)
https://www.youtube.com/watch?v=0ve9iosQcOk
TheSugababesLover91

[VIDEO: SUGABABES AT POPWORLD MONTAGE + FREAK LIKE ME: 12s]
[VOICEOVER: SIMON: The Sugababes are Keisha, Mutya and newest member Heidi. Keisha sees herself as a Jim-Carrey-pulling-faces type of girl, Mutya's quite fresh and flirty and Heidi's an all round sweetie. Welcome to Popworld Sugababes.]

SIMON Sugababes welcome to the show.
MUTYA [Hello.
KEISHA [Hello.
HEIDI [Hiya.
SIMON How are you?
MUTYA [Fine.
KEIDI [We're good.
KEISHA [(INAUDIBLE)
SIMON Good. Heidi, pleased to meet you.
HEIDI Hello.
SIMON Uhm--now uhh--how are you finding being in the Sugababes, are the fans accepting you?
HEIDI Uhh well I've spoken to a few of them on the website and erh they seem to be which is nice=
SIMON =Good=
HEIDI ='Cause I was a bit nervous how people would take me, but erh it seems to be going well.
SIMON And were you in Atomic Kitten?
HEIDI Yes, when I was fifteen.
SIMON Oh OK, [so can you--why--why weren't you in it though?
HEIDI [So--
P--((LAUGHS))
SIMON I don't under--I don't [understand.
HEIDI [Yeah, it was when I was fifteen, I'm nearly nineteen now so it was a long time ago.
SIMON You're nineteen now?

HEIDI [Nearly.

SIMON ['Cause Mutya was [saying that she thinks you might be older.

MUTYA [((LAUGHS))

KEISHA [((LAUGHS))

HEIDI [((LAUGHS))

MUTYA Oh my god don't joke. [He's lying.

SIMON [Mutya was saying she--she wants to look at your passport.

MUTYA [Uh--howoah. He's lying.

HEIDI [((LAUGHS))

KEISHA [(INAUDIBLE)

HEIDI Twenty third of the fifth eighty three, OK?

KEISHA OK=

HEIDI =((CLEARS THROAT)) Erm=

SIMON =Fine=

KEISHA =[((LAUGHS))

MUTYA [((LAUGHS))

HEIDI [Yeah, erm basically I was with them for like eight months=

SIMON =Right=

HEIDI =When I was fifteen, recorded the album, and erm--just, you know I just didn't --wanted to go into more R&B music and have more control over what I do and stuff so I decided to leave.

SIMON Just out of interest, Mutya and uh--and Keisha, why did you kick out Siobhan?

MUTYA We didn't actually kick out Siobhan=

KEISHA =No=

MUTYA =It was her choice to leave=

KEISHA =Yes=

MUTYA =And y'know--

SIMON --Come on, I know you didn't like her.

MUTYA No seriously, [she's not--she wasn't happy.

KEISHA [We're so gunna beat him up.

MUTYA [I know exactly, when the camera comes off don't worry.

KEISHA [When we come off camera we are going to beat him up so badly. [No.

MUTYA [Nah.

SIMON I don't mean to cause offence but, you know..

MUTYA It was her choice, [no one--why--we're not gonna kick out

KEISHA [Yeah.

MUTYA anyone, [at the end of the day she's the original

KEISHA [No.

MUTYA Sugababe with us so.. [She did everything--we didn't--we

KEISHA [Yeah.

MUTYA were together for four and a half.. [Yeah. Four and a half years. Yeah that's it.

KEISHA [Yeah. Four and a half years. We were more like sisters so we wouldn't do that, [but we always said that we'd do this until we

MUTYA [Exactly.

KEISHA weren't enjoying it and [she weren't really enjoying it so she left us.

MUTYA [And she didn't like it no more.

SIMON Are there hard feelings now--or?

MUTYA [No.

KEISHA [No everyone keeps searching for something like--actually like really deep and stuff, we haven't spoken to her, right, but--it's only because we've been like really busy on the album and stuff=

MUTYA =Yeah=

KEISHA =But there's no hard feelings at all.

MUTYA Got nothing against [her.

KEISHA [Yes.

[[CUT]]

SIMON Now what's this about you having a code?

MUTYA Ooh, uhm now when Heidi first joined=

SIMON =Uh-huh=

MUTYA =Me and

Keisha's got a little code that we speak, so no one can obviously understand us, and I [don't think--

KEISHA [She understands now=

MUTYA =She understands it now but [in the beginning she wasn't sure.

HEIDI [I understand it but I can't speak it=

MUTYA =Mmh=

HEIDI ='Cause I speak it too slow, I give it away.

SIMON Can you explain--could you give me an example? Could you say something?

KEISHA OK. *Hi-ski moh-ski.*

MUTYA *Ha-ski ee-ski.*

HEIDI *Hi Mutya, how are you?*

SIMON Oh=

MUTYA =((LAUGHS))=

SIMON =Well it's well worth knowing the code then. Alright let's have a look at your video, this is Freak Like Me.

[VIDEO: FREAK LIKE ME MUSIC VIDEO: 30s]

SIMON Your single's called uhh--[Freak Like Me. Uh we wanted to

MUTYA [Freak Like Me.

KEISHA [Freak Like Me.

HEIDI [Freak Like Me.

SIMON play a bit of a game with you=

MUTYA =OK=

SIMON =Uh got a list of boys, if you could say if they're fit or if they're a freak.

MUTYA [OK.

KEISHA [OK.

HEIDI [OK.

SIMON OK Justin [Timberlake.

MUTYA [OK wha--

HEIDI [Fit.

KEISHA [Fit=

MUTYA =Fit.

SIMON Uh Marilyn Manson.

HEIDI [Freak.

SIMON [Freak.

MUTYA [Freak.

SIMON You--wouldn't go there at all?

MUTYA [No way.

HEIDI [No ((LAUGHS))

SIMON I thi--I think he'd like you Mutya.

MUTYA [((LAUGHS))

HEIDI [((LAUGHS))

SIMON Uh what about Sisqó?

MUTYA [Fit.

KEISHA [Fit.

HEIDI Mmh freak.

SIMON Ohh [(INAUDIBLE)

MUTYA [Oohh.

SIMON [There's a rift in the band.

HEIDI [I don't fancy him.

SIMON Not again. Uh Eminem?

MUTYA [Fit.

KEISHA [Fit.

SIMON Yeah?

MUTYA [Yes.

HEIDI [Hmm.

SIMON Oh Heidi.

HEIDI Fr--fik--I don't know.

MUTYA [He is fit, he's--[he's sexy.

KEISHA [(INAUDIBLE)

HEIDI [Yeah but I don't fancy him. [He's not a freak.

SIMON [Just conform, they'll throw you out as well Heidi.

HEIDI [((LAUGHS))

KEISHA [((LAUGHS))

MUTYA [((LAUGHS))

SIMON Uh what about Mark from A1?

KEISHA Freak.

HEIDI Ohff--[((LAUGHS))

MUTYA [Uhhohwhoa, [he's a lovely person but freak.

KEISHA [((LAUGHS)) He's not my type=

MUTYA =Yeah=

KEISHA =He's a nice person, he's not my type=

MUTYA =Yeah.

SIMON ((LAUGHS)) OK and finally Danny from Hear'Say?

MUTYA Freak.

SIMON [((LAUGHS))

HEIDI [((LAUGHS)) ((CLAPS))

KEISHA [((LAUGHS)) [((CLAPS))

MUTYA [But Danny is really sweet, Danny--we get on with Danny and Noel so..

SIMON [Well you did.

KEISHA [Yeah.

HEIDI [Yeah.

KEISHA But we like more--[((LAUGHS)) We like more kinda like the

MUTYA [((LAUGHS)) Nevermind.

KEISHA bad boy image=

HEIDI =[((LAUGHS))

MUTYA [Yeah=

KEISHA =Like, y'know=

MUTYA =Nellie, Eminem, kind of..

KEISHA DMX. Anyone from So Solid.

SIMON [OK.

HEIDI [Brad Pitt.

[[CUT]]

SIMON Well it's been a pleasure ladies, thank you very much.

HEIDI [Thank you.

MUTYA [Thank you.

KEISHA [Thank you.

SIMON And good luck with the single 'cause uh--it's a stormer.

MUTYA [Ohh..

HEIDI [Thank you.

SIMON I'm seeing number one, as long as Gareth Gates gets off that number one spot, [you're there.

MUTYA [((LAUGHS))

HEIDI [((LAUGHS)) (INAUDIBLE)

SIMON Alright. It's now time to check out some new releases.

[[ENDS]]

FREAK LIKE ME

- Large warehouse style club
  - Concrete stairwell
  - Basement dancefloor (red and white lights)
  - Railway arches (brick)
  - Cobbled street (venue exterior) with aluminium barrels
  - Construction fencing
  - Men's bathroom (urinals)

- High street (night)

- Pedestrian underpass

- London Underground train carriage (Circle line)

NORTHGATE

24 HOUR CAR WASH
WINDOW TINTING
The co-operative food
N. Circular
A406 (E)

LOW BRIDGE
INSIDE

Sugababes : Interview (Popworld 2003)

https://www.youtube.com/watch?v=P4cMeBjUPZc

TheSugababesLover91

[POPWORLD BIG ONES IDENT: 3s]

SIMON The Sugababes, hello there.

MUTYA [Hello.

HEIDI [Hi.

KEISHA [Hello.

SIMON We've got your Big Ones.

MUTYA [((LAUGHS))

KEISHA [((LAUGHS))

SIMON Erh, Keisha. Hi.

KEISHA ((SMILES))

MIQUITA ((LAUGHS))

SIMON When was the last time you were asked for an autograph whilst in the toilet?

KEISHA Erm, probably like around three weeks ago.

SIMON Tell us about it.

KEISHA Uhmm ((LAUGHS)) I was just in uhm Ten Rooms, and uhm..

SIMON Oh yeah. [Bet they were all there, Dane Bowers=

KEISHA [Someone came in.

MUTYA =[((LAUGHS))

KEISHA [((LAUGHS))

MIQUITA [((LAUGHS))=

SIMON =Westlife=

MIQUITA =((LAUGHS))

KEISHA There's not that many ce--that much celebrities [that go to Ten Rooms.

SIMON [Well no, clearly but--

MIQUITA --No--[n--n--n--n--n--[((LAUGHS)) Stop it.

HEIDI [((LAUGHS))

MUTYA [((LAUGHS))

MIQUITA Heidi, did you have a paid part time job while you were at school?

HEIDI Uhmm, yes.

MIQUITA And what did you do?

HEIDI It was in uhh Barratts shoe shop [((LAUGHS))

MIQUITA [Ooh-hoah--lovely=

HEIDI =In the summer and you had to wear like fawn tights and flat shoes with no air conditioning.

SIMON God, I hate shoes with no [air conditioning, it's a nightmare.

MUTYA [((LAUGHS))

MIQUITA [((LAUGHS))

KEISHA [((LAUGHS))

SIMON [What? What Keisha?

MIQUITA [Uh, Mutya.

MUTYA Yeah.

MIQUITA If you were a city, what city would Mutya be?

MUTYA London=

KEISHA =London [yeah.

MIQUITA [London yep.

MUTYA [London is the place to be=

MIQUITA =Yes it is.

SIMON Uhh, Keisha, what's your beauty tip for two thousand and three?

KEISHA Uhm. Less is best. [Less makeup is best I [think as

MUTYA [Less.

MIQUITA [*Au naturel*.

KEISHA natural as possible.

SIMON That's your tip?

MUTYA [((LAUGHS))

HEIDI [((LAUGHS))

MIQUITA [((LAUGHS))

KEISHA [Yes! You know what, can I just say off camera he's gonna get beaten up, so it's fine, [I'll take the abuse for now.

MIQUITA [OK ((LAUGHS)) OK. Uhm Heidi, how much was your last mobile phone bill?

HEIDI Uhm four hundred pounds.

MIQUITA ((GASPS))
HEIDI That was ‘cause we’d been away though so=
MIQUITA =Travelling=
HEIDI =Yeah.
MIQUITA OK, cool. Do you pay that all yourself?
HEIDI Yeah.
MIQUITA OK good.
SIMON Uhh, Keisha hi.
KEISHA [Hi.
SIMON [If you had to date a member of the Blazin’ Squad, which one would it be?
KEISHA Uhm the guy I get on most with is probably Spike, because he’s like my younger brother and we’re closest and he tells me like a lot of stuff.
MIQUITA Does he open up to you?
KEISHA Uhh yeah, he does, he has.
MUTYA [((LAUGHS))
MIQUITA [Spikey opens [up.
SIMON [Do you open up to him?
HEIDI [((LAUGHS)) ((CLAPS))
MUTYA [((LAUGHS))
KEISHA [((LAUGHS)) No not really.
MIQUITA Heidi, which band would you call your male equivalent?
HEIDI Blue=
KEISHA =Blue?=
MUTYA =[Blue, I think Blue yeah.
HEIDI [Yeah, Blue, [yeah.
MIQUITA [Yeah? Probably Blue=
MUTYA =I think Blue.
MIQUITA Busted?
MUTYA Busted are get--[yeah they are actually reall--
HEIDI [Yeah.
MIQUITA --Are they getting there?
HEIDI [((LAUGHS))
SIMON [((LAUGHS))
MUTYA [((LAUGHS))=

MIQUITA =*Getting there!*=

MUTYA =They're our label mates!

They’re lovely guys=

SIMON =[Mmhmm.

MIQUITA [OK, [OK.

MUTYA [But yeah they’re wicked.

MIQUITA Mutya if you had to lose your voice or your looks, which would it be?

MUTYA It would have to be--oh gosh. See without your voice.. Actually no, without a voice you can still get far=

MIQUITA =Yeah=

HEIDI =Yeah [((LAUGHS))

SIMON [((LAUGHS))

MIQUITA [You could be a really pretty person.

MUTYA [That’s true, [but without--without your looks..

SIMON [((LAUGHS))

HEIDI [((LAUGHS))

MUTYA You ain’t.. Ooh I dunno. I love my voice, so I would have to keep my voice and just stay behind doors and let someone else mime my voice, yeah.

SIMON Heidi, if you were a rapper what would you call [yourself?

MIQUITA [((LAUGHS))

HEIDI [((LAUGHS))

MUTYA Heidi-ho.

HEIDI Heidi-ho. Yeah.

SIMON Oh, that’s nice=

HEIDI =[((LAUGHS))

MUTYA [((LAUGHS))

KEISHA [((LAUGHS)) Heidi-ho=

SIMON =I like the choice.

Erh, Mutya?

MUTYA Yeah?

SIMON Last time you sniffed your own finger?

MIQUITA [((LAUGHS))

HEIDI [((LAUGHS))

KEISHA [((LAUGHS))

MUTYA [((LAUGHS)) Pardon? Last time I sniffed [my--ah OK.
KEISHA [((SHRIEKS))
MIQUITA [((LAUGHS))
MUTYA Uhmm, yesterday 'cause I had perfume on it.
SIMON Ooh nice. What perfume was it?
MUTYA It was Morgan.
SIMON Mmm. Erh, Heidi=
HEIDI =Mhmm=
SIMON =Death or piles?
HEIDI Oh my god [((LAUGHS)) Why do you give me all the--the
MUTYA [What?
MIQUITA [((LAUGHS))
HEIDI really [horrible questions today?
MIQUITA [((LAUGHS))
SIMON Mm, weighing them up quite evenly I think. If you had to choose between the death and the piles=
HEIDI =Well, I don't want to die, [so..
MUTYA [So piles=
HEIDI =Yeah.
SIMON Alright.
MIQUITA OK, last question.
SIMON We have a pen and paper for you, we'd like you to draw your new album.
MIQUITA Your new album cover.
MUTYA Oh OK yeah.
HEIDI Oh right.
MIQUITA What's the new album called?
MUTYA [Hole In The Head.
KEISHA [Three.
HEIDI Three.
MUTYA Oh, the new--ohh album cover?
KEISHA Yeah.
MIQUITA So the new album's called Three?
HEIDI Three.
MIQUITA OK.

SIMON Pens. Paper ((PASSES STATIONERY))

MUTYA Yes.

KEISHA (INAUDIBLE) [Mutya you draw Three.

MUTYA [Draw a big Three? Shall--shall I draw a big Sugababes? ((DRAWS))

KEISHA [(INAUDIBLE) ((DRAWS))

MUTYA [((DRAWS))

HEIDI [((DRAWS))

SIMON OK, let's hurry it [up now.

MIQUITA [((LAUGHS))

MUTYA [((DRAWS))

KEISHA [((DRAWS))

HEIDI [((DRAWS))

SIMON [OK, five seconds ladies. [Four. Three. Two. One.

MIQUITA [Come on girls ((CLAPS))

SIMON Let's see the new album cover.

MIQUITA [And this is what it looks like.

HEIDI [((REVEALS DRAWING))

MUTYA [((LAUGHS))

SIMON Ohh=

MIQUITA =Heidi ((LAUGHS)) You're abnormally [small ((LAUGHS))

HEIDI [((LAUGHS))

MUTYA [((LAUGHS))

KEISHA [((LAUGHS))

SIMON Available in shops now?

KEISHA [Uhm no.

HEIDI [No, not yet.

MUTYA [No, not yet=

MIQUITA =When's it out?

MUTYA Erm, before Christmas.

MIQUITA Before Christmas?

MUTYA [Yes.

KEISHA [Yes.

MIQUITA OK, Sugababes, good luck with your new single, thank you very much for coming in.

[[ENDS]]

HOLE IN THE HEAD

- Small underground club
  - Stage door
  - Small reception area (painted brick – red)
  - Backstage corridor (painted brick – black)
  - Dressing room (mirrors with light bulb surround)
  - Stage (drum kit, band posters: "erased ?", bare brick – barrel vaults, Marshall amp stack)

- Wire mesh cage

- Street (venue exterior, sunrise, security shutters)

- Traffic tunnel (lit)

ROUND ROUND

- Circular arena
  - Revolving stage
  - Lighting rig with monitors
  - Rock effect wall
  - Viewing platform / box
  - Wire mesh fence

You can draw a circle around the outer limits of London and in these fertile edgelands discover the childhood homes of Adele, Boy George, David Bowie, Ms. Dynamite, Gabrielle, Kate Bush and so on.

In Roe Green Park you will find Kingsbury High School - where Mutya and Keisha studied until year eight. The 1920s era school building was used for filming series one and two of BBC TV children's drama Grange Hill.

The high school was also attended by popstar George Michael. Sepia shots of the school gates and neighbourhood feature in the music video for Round Here - the fifth single from his 2004 album, Patience.

I hear my mama call in Kingsbury Park
Just me and David and a football that glowed in the dark
Waiting patiently to make my mark
Round here

Elstree Film and Television Studios is just six miles north via Edgware Road. It was here that Sugababes performed on Top of the Pops in 2000, and where Mutya lived for two weeks as a housemate in Celebrity Big Brother 2009.

Sugababes : Interview at AOL : How it all began
https://www.youtube.com/watch?v=E0rMgjxpW2k
ipolson

KEISHA Well Mutya and I are basically the--erhm founding members of the group--erhm and we basically--we just went to the same primary school as each other and y'know, we used to sing with each other all the time, and then erhm a member of Mutya's family y'know, met someone in the supermarket that was like a producer. So Mutya was y'know, like--how old were you at first? [Like around..

MUTYA [Erhm eleven=

KEISHA =Eleven years old doing like solo stuff, and she was recording and one day she said *Keisha why don't you come down and keep me company?* So I went down to the studio, was reading a magazine and the producer asked me if I could sing so I said *yeah*. So we ended up uhm--recording a song together with a--another member who used to [be in the band, and that was basically

MUTYA [Yeah.

KEISHA it. We left school when we were thirteen and we got private tuition, had our first record deal at fourteen, and erhm Heidi joined the group three years ago [((LAUGHS))

HEIDI [((SMILES))

KEISHA And the rest is history.

[VIDEO: STRONGER LIVE PERFORMANCE: 24s]

MUTYA I think erhm--the music industry itself kinda--it messes a--it does mess about with you, and I think that's the only reason why we are really a lot more older than our ages=

KEISHA =Yeah=

MUTYA =I think you have to grow up with it and--but it's--[it's--

KEISHA [You have to have decent people [around you as well, and I th--

MUTYA [Yeah=

HEIDI =Yeah.

MUTYA --But it's been really good so far=

KEISHA =Yeah=

MUTYA =We haven't had any, y'know, [really bad..

KEISHA [Major crisis=

MUTYA =Yeah=

KEISHA =And we--I mean, a good thing about us is that, y'know, in the UK itself when you're uhm--under the age of sixteen you can only work seventy two days a year anyway, so we always had a really good balance. And our first album didn't do so well in the UK but it did amazing like in Europe, so we would go to Europe and there would be fans waiting everywhere and we'd feel like y'know real kind of popstars, and y'know we'd come back to London and no one even knew who we were. So we always had a really good balance and we were definitely eased into i--everything=

MUTYA =Mhmm.

[VIDEO: ROUND ROUND LIVE PERFORMANCE: 30s]

KEISHA Well we normally listen to a--a piece [of music and we

MUTYA [Yeah.

KEISHA come up with a concept and erhm basically--say it's about relationships, [erhm y'know, I'll go off into one corner

MUTYA [Yeah.

KEISHA and write a verse about y'know, how I relate to a--s--a--

HEIDI --That subject=

MUTYA =A [relationship.

KEISHA [That subject=

MUTYA =Yeah=

KEISHA =And the same with the girls as well, and that's why on songs like y'know, Round Round, there's different melodies and even Caught In The M--uhm--In The Middle=

HEIDI =Different pieces of music=

KEISHA =Different

pieces of music and melodies everywhere because--

[[AUDIO MISSING]]

KEISHA --y'know, suit certain parts. Normally you notice that Mutya's like y'know, opens the song out because her voice probably was--uh--sounds stronger coming into a song than whereas me and Heidi y'know would--so--it's--it's really easy our writing process.

[VIDEO: HOLE IN THE HEAD LIVE PERFORMANCE: 15s]

HEIDI We were in LA w--working wi' Linda Perry and we all really just want--we'd been there for two weeks and we really wanted to go home. And erhm, and our A&R came to my room and said *youse might have to stay a few more days because Diane Warren wants to work wi' youse* and uh he's like--I was like *well--OK,* I was like *that's brilliant*, and stuff and I phoned Keisha's room to tell her and I was like *OK we're gonna have to stay a few more days because Diane Warren wants to work with us*, and she was like *who's Diane Warren?* And--and then like when she went in she was like *yeah let's stay*, you know, 'cause she knew like--she's like [a fan of all the stuff that Diane Warren's done.

KEISHA [Yeah. I saw all the plaques and it was like people like--she worked with Ginuwine=

MUTYA =[Brandy.

KEISHA [Brandy (INAUDIBLE)=

HEIDI =Toni Braxton=

KEISHA =Toni Braxton.

HEIDI Whitney Houston [(INAUDIBLE)

KEISHA [I was [staying (INAUDIBLE) ((LAUGHS))

MUTYA [Everyone.

[[CUT]]

MUTYA She's a really talented woman, very--and she's a lovely woman too, she's--she's most--she's really calm to work with and y'know, 'cause when you hear about like American producers 'specially, you're not too sure whether they're a lot stricter than our producers over here because our producers are quite laid back and=

HEIDI =Yeah=

MUTYA =You know, *do what you want,* kind of thing and over there--over there when you're actually in the booth you repeat yourself so many times you get really tired of the song. But she's a--she's a really lovely woman, would love to work with her again though, definitely.

[VIDEO: TOO LOST IN YOU LIVE PERFORMANCE: 58s]

[AOL SESSIONS IDENT: 4s]

[[ENDS]]

What Sugababes think about Mutya?

https://www.youtube.com/watch?v=-tYVPgWrU4w

Tereza Živná

[TEXT: WHAT DO THE SUGABABES REALLY THINK OF MUTYA?: 2s]

MUTYA Oh God, really hate these type of questions. Alright, when we first met what did you think of me? Obviously Heidi--or [Keisha=

KEISHA =God.

HEIDI [I--I thought--I thought you was very quiet [((LAUGHS))

MUTYA [((LAUGHS))

HEIDI And I was shocked at how--how young you was as well. 'Cause I'd only ever seen your videos, and I was shocked at how young youse both were.

KEISHA When I first met you I thought you were the fa--first famous person that I had met, because previously beforehand I saw Mutya on TV before I actually met her, Michael Barrymore, My Kind of People=

MUTYA =OK yeah--uhm--

KEISHA --So--oh no [you listen to me--

HEIDI [Greatest Love of All by Whitney Houston=

KEISHA =Yeah.

And uh so [when--

HEIDI [Frilly socks=

KEISHA =[Frilly socks. So when I saw her,

MUTYA [Uhm.

KEISHA when I saw her I was like *wow it's someone famous*, so.. Yeah I was starstruck I think when I saw [Mutya.

MUTYA [Oh God.

HEIDI [((LAUGHS))

KEISHA Yeah.

MUTYA Wow. OK, what are my best qualities?

HEIDI Your best qualities are that you are.. caring.

KEISHA You know how to keep a secret.

MUTYA Oh yeah=

KEISHA =[I think.

HEIDI [Ehh and you're--you're--you're very talented.

KEISHA Yeah.

MUTYA Thank you. What is my worst habits?

KEISHA Lord. Where to [begin.. (INAUDIBLE)

MUTYA [OK--I know--(INAUDIBLE)

HEIDI [You're always late=

KEISHA =Or--yeah. [Oh god.

HEIDI [Or you just don't turn up [((LAUGHS))

MUTYA [((LAUGHS))

KEISHA Oh yeah, yeah--nnnh, there you go, ((SNAPS FINGER)) spot on there. That was a really good answer.

HEIDI Punctua--what is it?--Is it.. [P--

KEISHA [Punctuality?=

HEIDI =Punctuality, [yeah.

KEISHA [Your punctuality is atrocious. [Uhm--

MUTYA [I used to be quite good before that--

KEISHA --I know but that was used to. [And I can't remember when that was. OK?

HEIDI [((LAUGHS))

MUTYA Ah. Describe me in three words.

KEISHA Lord. [Uhm ((LAUGHS))

MUTYA [((LAUGHS))

HEIDI Laid back=

KEISHA =Uhm=

HEIDI =Kind=

KEISHA =Yeah, very kind soul. [Uhm.

HEIDI [And.. cute. At times [((LAUGHS))

MUTYA [((LAUGHS))

KEISHA [((LAUGHS))

MUTYA Thanks. OK. What's my greatest conf--qualuhluh--contribution to the Sugababes?

KEISHA Your voice.

HEIDI Your voice.

MUTYA Oh thanks.

KEISHA [((LAUGHS))

MUTYA [((LAUGHS))

[[CUT]]

HEIDI [Bye ((WAVES))

KEISHA [((WAVES))

MUTYA [((WAVES))

[WWW.CHANNEL4.COM/MUSIC IDENT: 2s]

[[ENDS]]

Welsh Harp

The Welsh Harp Reservoir was not built as a site for leisure and recreation, but to meet an industrial need. The vast body of water was established to supply the city of London's canal system - which carried goods into, out of, and around the capital from the 19th century onwards.

The reservoir straddles the boundary lines of neighbouring boroughs Brent and Barnet, its main water sources are the Silk Stream and River Brent.

It is not possible to walk the reservoir's perimeter in a complete circuit due to the presence of industrial and residential sites. To find the hidden marshy shoreline of the water's east, follow the trodden route through woodland, behind billboards at the junction of Priestley Way and Edgware Road (opposite Travelodge).

The reservoir's dam wall is composed of both brick and concrete - holding around 1.6 million cubic metres of water - it can only be properly seen from land at the back of Harp Island Close, NW10 0DF.

Sugababes : Interview On Frank Skinner Show 2005

https://www.youtube.com/watch?v=bb0_2idLLoQ

TheSugababesLover91

FRANK You know, at the end of the day, people are all the same.

[VIDEO: UGLY MUSIC VIDEO: 17s]

FRANK Ladies and gentlemen, Sugababes.

[AUDIENCE APPLAUSE]

FRANK Hello.

KEISHA [Hello.

HEIDI [Hello.

MUTYA [Hello.

FRANK Now, that was your new single, Ugly.

KEISHA [Yes.

HEIDI [Yes.

MUTYA [Yes.

FRANK Now why's that, what's it about?

KEISHA [((LAUGHS))

HEIDI [Uhm basically Ugly is about erhm--usually like people when you've got an insecurity about something, and often in life you'll come across somebody who sees that and gets a kick out of pointing it out in front of other people=

FRANK =Yeah=

MUTYA =Mmmh=

HEIDI =And it's ki--you know kind of puttin' you down to make themselves feel better so=

MUTYA =Yeah=

HEIDI =It's kind of about that=

FRANK =Right=

HEIDI =Saying everyone's the same, so..

FRANK But I'm guessing people don't call you ugly.

HEIDI Erh, we have been called ugly [in the past=

KEISHA [Yeah!

FRANK =Have you!?=

HEIDI =[Yeah, yeah.

MUTYA [Of course.

KEISHA [And sugar lumps, that was the--yeah.

[AUDIENCE LAUGHTER]

HEIDI [((LAUGHS))

KEISHA [‘Cause apparently we’re fat, so.. Yeah.

FRANK You’re supposed to be fat?

KEISHA Yeah=

HEIDI =We’re sugar lumps=

KEISHA =Yeah.

FRANK Who called you that? David Blunkett?

[AUDIENCE LAUGHTER]

HEIDI [((LAUGHS))

KEISHA [((LAUGHS))

MUTYA [((LAUGHS)) No.

FRANK Ooh he’s got a sharp tongue. Yeah, and the dog.

[AUDIENCE LAUGHTER]

HEIDI [((LAUGHS))

KEISHA [((LAUGHS))

MUTYA [((LAUGHS))

FRANK I find that--I’m not tryna be all creepy now but, y’know, it’s not the first word I thought of when you walked on. I didn’t think *corhh, they’re ugly.*

[AUDIENCE LAUGHTER]

HEIDI That’s good [((LAUGHS))

MUTYA [Thanks.

FRANK Now it’s from your new album, ehrm ((SHOWS CD)) that’s your single, that’s Ugly. That’s out on the fifth of December=

HEIDI =[Yes.

MUTYA [Mhmm.

KEISHA [Yep=

FRANK =Right, and erh--your album is already out. In fact it’s already been a number one album.

KEISHA Yeah, it’s gone [platinum=

MUTYA [Yeah.

FRANK =It’s gone platinum?=

KEISHA =Yeah.

FRANK What does that mean exactly?

KEISHA What does that mean [Heidi?

MUTYA [It's just sold out.

[AUDIENCE LAUGHTER]

HEIDI It means you just ge--[((LAUGHS))

KEISHA [((LAUGHS))

MUTYA [((LAUGHS))

FRANK It's no good you [showing off if you don't know what it

KEISHA [I don't know. Yeah exactly.

FRANK means.

HEIDI It means you get a nice disc for your hallway.

MUTYA Yeah=

KEISHA =[Yeah.

FRANK [Yeah=

HEIDI =Yeah.

FRANK The version that I got the album came with like a lovely deluxe [book. Not available in the shops, but available on

HEIDI [Ooh!

FRANK eBay tomorrow.

[AUDIENCE LAUGHTER]

KEISHA ((LAUGHS))

FRANK And erh--there's one--now there's some lovely pictures of you--of you girls [and it's--there is one picture that

MUTYA [Oh no..

FRANK makes me feel a bit sick.

HEIDI I know which one he's talking [about.

KEISHA [((LAUGHS))

FRANK ((REVEALS PHOTO OF HEIDI KISSING DOG))

MUTYA Oh the dog.

FRANK That's [that.

MUTYA [Oh Buddy!

KEISHA [Awwhh [Buddy!

HEIDI [That's my dog!

FRANK Heidi.

MUTYA [((LAUGHS))

HEIDI [((LAUGHS))

FRANK Do--don't you know what dogs..

[AUDIENCE LAUGHTER]

HEIDI [((LAUGHS))

KEISHA [((LAUGHS))

MUTYA [((LAUGHS))

FRANK You might as well have just licked it's arse.

[AUDIENCE LAUGHTER]

HEIDI This--[this was when--[this was when--

MUTYA [Oharh.

FRANK [You had!=

HEIDI =He hadn't been outside then he wasn't--[he wasn't old enough to go outside.

FRANK [He doesn't have to go outside! He doesn't keep his arse outside.

[AUDIENCE LAUGHTER]

HEIDI ((LAUGHS))

FRANK They come with that.

HEIDI He's a very clean dog.

FRANK Yeah--I'll--but--I'm sure he's clean, like in a dog type of way, but that's not clean. Don't you agree, [would you kiss a dog?

HEIDI [The girls do the same with their dogs!

FRANK [You do not.

KEISHA [W--well..

MUTYA [No, no--[I--I--I--I don't.

HEIDI [Yes you do!=

MUTYA =I don't not--n--no=

FRANK =No=

MUTYA =[No, not me.

KEISHA [But, you know--but they are babies though, they're like our babies so, I dunno to us they're not [really.. But it's (INAUDIBLE)

MUTYA [I think it's cute when

other people do it, I can't personally do it=

FRANK =No=

MUTYA =No.

FRANK We'll be back in a moment with more from Sugababes.

[AUDIENCE APPLAUSE]

[[FADES OUT]]

[[FADES IN]]

[AUDIENCE APPLAUSE]

FRANK Welcome back. Now Mutya you--you have--you have a little daughter [and erh--she's--she's in here. And this is gonna

MUTYA [Yeah.

HEIDI [Ahhh.

FRANK be one of those *ahhh* pictures, I'm warning you ((REVEALS PHOTO OF MUTYA AND DAUGHTER))

[AUDIENCE COOS]

FRANK I told you.

MUTYA [((LAUGHS))

HEIDI [((LAUGHS))

FRANK So how old is she now?

MUTYA Uhm she's nearly eight months=

FRANK =Sorry what--[what's her name?

MUTYA [Nearly eight months, huh? Tahlia.

FRANK Tahlia and she's eight months. Do you--erhm--do you sing to her?

MUTYA Yeah! Not--uhmm--only cause like I've noticed, suddenly I've--I've suddenly noticed that she likes Sugababes songs, obviously.

FRANK Yeah. Aren't you glad, what if she'd really got into Girls Aloud big time.

[AUDIENCE LAUGHTER]

KEISHA [((LAUGHS))

MUTYA [((LAUGHS)) I wouldn't know what I'd do.

FRANK Ahh, it doesn't bare [thinking about.

MUTYA [I really don't.. But no she loves

her music and every time I s--I kind of play erhm, you know like the Twinkle--t--Little Stars and Bah Bah Black Sheep and s--she doesn't like it. Hates it, she'll cry. So I have to put on normal, nice [music for her to listen to.

FRANK [That's probably because you do it all street.

MUTYA No, I don't! [I don't!

FRANK [*Bah bah black shee-eee-eep.*

MUTYA I don't! I don't even try singing that to her actually to tell you the truth 'cause it just sounds really stupid. I can't do it, I won't sing it because I don't want to put her off it as much as she's put off already.

FRANK You must be touring soon I'm [guessing?

MUTYA [Mhmm.

FRANK So will you take her with you then?

MUTYA Yeah. She's gonna be one by then anyway=

FRANK =Yeah=

MUTYA =So uhm=

FRANK =Oh well, she'll be driving.

[AUDIENCE LAUGHTER]

HEIDI [((LAUGHS))

KEISHA [((LAUGHS))

MUTYA [Well yeah exactly. No but it'll be easier! [It'll be easier.

FRANK [She'll be in her own band ((MAKES HIP HOP HAND GESTURE)) *Hey up Mum I'm* (INAUDIBLE) *on the road!*

KEISHA ((LAUGHS))

MUTYA No, she ain't like--she ain't got that attitude, well I hope she won't have that attitude=

FRANK =No=

MUTYA =She ain't going to anyway.

FRANK You two have known each other since you were eight?

MUTYA [Primary.

KEISHA [Yeah=

FRANK =That--

KEISHA --In the same class=

MUTYA =Mhmm.

FRANK So, it must be kind of tough for you then Heidi to come in 'cause these guys have known each other for what, fif--fourteen--thir--for--[since they were eight.

MUTYA [Uwoah!

HEIDI ((LAUGHS))

[AUDIENCE LAUGHTER]

FRANK Yeah, I'll ask Carol Vorderman to work that out.

[AUDIENCE LAUGHTER]

FRANK Was it a bit of a closed shop when you first arrived?

HEIDI Uhm no I suppose it was just like joining any job where you--where you--you know it takes a few weeks to get to know the people and--it was kind of good 'cause the first six months I was in the band we weren't--we weren't out in the public eye anyway, we were in the studio=

MUTYA =Mmm=

HEIDI =And you know I've been with the girls for four years now so we know each other inside out.

FRANK 'Cause oft--the--obv--obviously there has--there has been stories about how you [have big fights=

MUTYA [((LAUGHS))

KEISHA [Yes.

HEIDI =[Yeah.

MUTYA [Yeah.

KEISHA [Yeah=

FRANK =And stuff like--actually that you once had a physical fight, like somebody got hit, and all that, was that true?

HEIDI Uhm=

MUTYA =When was that?

FRANK [It's alright to say it. 'Cause if you're [mates now..

HEIDI [((LAUGHS))

KEISHA [I just think--
I think--I think for any--I think for any band in general,
I think to have success and to stay together you've gotta
have respect for each other and communication, [and--
FRANK [Are you
reading this off a card?
[AUDIENCE LAUGHTER]
MUTYA [((LAUGHS))
KEISHA [No, I'm not, no, not today.
FRANK Now come on, be [honest, did you have fights?
KEISHA [Ye--but..
HEIDI There was one row that was printed that me and Keisha had.
[And that was like two years ago now, and we've never had
KEISHA [And that was the only thing that was truthful. Yeah.
HEIDI a row since=
KEISHA =Yeah.
FRANK But was it the Toxic row?
KEISHA [Yeah it was the Toxic row.
HEIDI [Yes it was.
MUTYA [((LAUGHS))
FRANK I have to say I love the [Toxic row.
HEIDI [((LAUGHS)) But it wasn't true
what they printed=
KEISHA =[Yeah that--no, what they printed was a
lie=
MUTYA =Yeah.
FRANK [No but it's--it's gre--so tell us what
--'cause I just think of all the subjects [people can
KEISHA [Uhh!
FRANK argue about, [Britney Spears' Toxic video=
HEIDI [((LAUGHS))
KEISHA [Britney, Toxic.
MUTYA =Yeah=
FRANK =Is as good
as it gets, isn't it?
[AUDIENCE LAUGHTER]

HEIDI It--[it..

KEISHA [It--ohh it's such an--you [really don't wanna know.

HEIDI [We're not gonna go into it [but it's..

FRANK [What--what's the true story then? Then you can clear it up and no one will ever ask [you about it again.

HEIDI [Erhm, me and Keisha were--we erh--I think everyone was just a bit tired, we were on tour and we'd been asked to do a cover of a song=

MUTYA =Mhmm=

HEIDI =And erhm everyone was a bit down and Keisha said to me *you should sing this bit*, which was the munchkin bit and I was like *well I'm not singing the* [*munchkin bit* and then--

KEISHA [Munchkin bit.

FRANK --What's the munchkin bit?

HEIDI The really high like..=

KEISHA =The high.. Oh, [I'm not doing it acapella.

HEIDI [And then we just-- and then we just ended up getting into this silly [row.

KEISHA [Argument --that was what it was actually all about, it wasn't anything..

HEIDI [So it wasn't anything vicious really.

KEISHA [As--no, [it wasn't.

FRANK [But did you slam her?

KEISHA No=

HEIDI =No [((LAUGHS))

MUTYA [((LAUGHS))

KEISHA [No I did not!

[AUDIENCE LAUGHTER]

KEISHA I--d'you know what, we are such strong women, like we're such strong characters and so different, for me personally I can't--I don't think for any of us we can come into work and fake it like that. [And if--if I did *slam her* as you

HEIDI [Yeah.

MUTYA [Yeah.

KEISHA say, I don't think she'd be in the band right now=

HEIDI =Yeah=

KEISHA =And I wouldn't be if she slammed me.

FRANK No. There's a thing Keisha, that you won a radio competition, to go to America was it?

KEISHA No what this is--ok, sometimes it's--i--I kind of forget that I'm in the public eye, and if I hear like a competition on the radio I do call up. I haven't done it in a long while, mind you, [so I'm not that psycho--

FRANK [To enter the competition?

KEISHA Uh, yeah=

FRANK =That's brilliant though=

KEISHA =Right.

[AUDIENCE LAUGHTER]

KEISHA I think it was to meet Destiny's Child in Florida, I think it was something like that.

FRANK And you--

KEISHA --Yeah and I got the question right, but then when they wanted ID of who I was that's when obviously I had to kind of back out and then own up to what I'd actually--

HEIDI --I think she put--I think she put the phone down and then we walked into Capital to do an [interview with the people who'd just done the competition.

MUTYA [And they were trying to call her back=

KEISHA =Yeah=

MUTYA =Yeah=

KEISHA =So..

FRANK But had you won it?

KEISHA Well yeah, I--uh--answered the question right.

FRANK That's [not fair is it?

KEISHA [And then I had to--yeah=

FRANK =It never says no

celebrities are allowed to [enter.

KEISHA [No it doesn't I know, but because I don't think of myself as a celebrity, obviously that--it must have just slipped my mind.

[AUDIENCE LAUGHTER]

FRANK That's great though=

KEISHA =Yeah=

FRANK =That's great. If you'd have gone and met Destiny's Child at the expense of Capital Radio ((LAUGHS)) ((SLAPS THIGH))

[AUDIENCE LAUGHTER]

MUTYA [((LAUGHS))

KEISHA [((LAUGHS))

FRANK Ohh. [I love it.

MUTYA [(INAUDIBLE)

FRANK Someone told me that you can turn your ears inside out as well, [is that real?

KEISHA [Oh god.

HEIDI [Yes she can.

KEISHA Yeah not real--yeah, well kind of yeah=

MUTYA =Mhmm.

FRANK How does it work? [Oh come on show us them amazing--sort

KEISHA [I kind of--do you wanna see it? Uhh, ok.

FRANK of Transformer ears.

KEISHA ((TUCKS EAR INTO ITSELF)) They're like that. Have a look.

[MEMBER OF AUDIENCE SHOUTS: Urgh!]

KEISHA What do you mean *urgh!*?

[AUDIENCE LAUGHTER]

FRANK Oh that--no that--can you just--'cause there's a bit of--you're in shade there of your beret. That is fabulous--kind of pork [scratching ear.

KEISHA [There you go. Yeah ((LAUGHS))

[AUDIENCE LAUGHTER]

[AUDIENCE APPLAUSE]

FRANK Applause!

KEISHA (INAUDIBLE) ((LAUGHS)) I learnt that trick, I learnt--I found that I could do that when I was two and a half, and I've just carried on ever since. But I had to stop now, I've gotta stop playing with it because uhm I went to the doctors and they were saying that I'm starting to get erhm, what's it rugby ears? [You know cauliflower--

MUTYA [Ah yeah.

KEISHA cauliflower on your ears when they're--you know the rugby players when they've got [the kind of--it's like I've

MUTYA [Mmmh.

FRANK [Yeah.

KEISHA started to get like--like bumps and stuff on my ears, so I'm going to have to stop now I'm going to be looking like a--I dunno.

FRANK You could be the first female popstar with cauliflower ears.

[AUDIENCE LAUGHTER]

KEISHA I know, there you go [yeah.

FRANK [There isn't nearly enough of that.

KEISHA Yep.

FRANK The single comes out on the fifth of December, so what's next for you after that?

HEIDI Erhm we've got a month off over [Christmas=

MUTYA [Yes.

FRANK =Aha=

MUTYA =Mhmm=

HEIDI =And [then--

KEISHA [The tour=

HEIDI =And then the tour next year=

MUTYA =Mhmm=

KEISHA =March, April.

FRANK Brilliant. Well, it's been great talking to you. Ladies and gentlemen, Sugababes.

[AUDIENCE APPLAUSE]

[[ENDS]]

Michael Barrymore's My Kind of People was a primetime show on TV in a four-channel, pre-internet era. In it, the popular host travelled the UK and visited shopping malls, presenting singing members of the public to an audience of surprised shoppers. This was before talent shows were shot in an arena, or involved public votes and the prize of a record contract. This was how Keisha came to hear Mutya's voice for the first time, watching from her family's living room.

In Sugababes: The Story of Britain's Most Amazing Girlband, journalist Emily Sheridan describes the cheers of the shopping centre crowd gathered to hear six year old Mutya's rendition of Whitney Houston's The Greatest Love of All. It was at this moment, the writer speculates, that Mutya's desire to become a popstar crystallised: at her local mall, under the glow of a TV lighting rig, amidst a swell of public adulation.

Emily Sheridan does not specify which local shopping centre Mutya sang at, but Brent Cross is just three miles from Kingsbury Green Primary School - where Mutya and Keisha would soon meet and become friends - and the mall's central atrium could well have been the location of her televised performance.

Keisha recounts the fabled moment again for The Observer in 2013, stating she was around the age of six when she saw Mutya on TV - citing her long black hair which almost reached the floor. The age designation in Keisha's story does fit with Emily Sheridan's account of the year being 1992, but to confuse matters, the talent show in question was not produced until 1995 (if we go by the facts published by Wikipedia and IMDb).

Michael Barrymore did have a variety show on TV in 1992, called simply Barrymore - filmed in a studio - that did sometimes showcase talented singers of all ages. It is feasible that a six year old Mutya appeared on this show, but Keisha specifically refers to the TV programme as My Kind of People in the What Sugababes Think About Mutya interview on YouTube. Maybe she remembered the correct presenter whilst naming the wrong show.

Emily Sheridan's book is a neatly narrativised account of the Sugababes' backstory: facts from already published interviews apparently pieced together. It seems likely that the writer was just working with the mis-information she had available to her, and embellished the scene with the crowd at the shopping centre to flesh out her book.

A story told enough times takes on a life of its own. And though no footage exists, the image that endures today is that of six year old Mutya Buena and her public debut at Brent Cross: with lungs to match Whitney Houston's, hair to the floor, the TV crew and the roaring crowd. Her voice bouncing off the glass atrium roof in all its technicolour - and below it, the fine haze of water thrown up by the fountain.

Sugababes : Interview (Popworld 2006)

https://www.youtube.com/watch?v=prZE4TND558

TheSugababesLover91

SIMON Sugababes, welcome to the show.
MIQUITA Hello.
HEIDI [Hello.
AMELLE [Hello.
KEISHA [Hello.
SIMON So. You've done it again.
KEISHA [((LAUGHS))
HEIDI [((LAUGHS))
SIMON Go on, let's hear it=
HEIDI =((LAUGHS))=
SIMON =What happened?
AMELLE ((LAUGHS))
KEISHA This is Amelle Simon and [Miquita.
SIMON [Yeah, yeah, yeah, hi--lovely to
MIQUITA [Hi--hi.
SIMON meet you.
AMELLE [Nice to meet you.
MIQUITA [Lovely to meet you.
SIMON Were you on some sort of Sugababes reserve list?=
KEISHA =[((LAUGHS))
HEIDI [((LAUGHS))=
SIMON =Where they--they knew that some point, somebody would leave and [there's a hotline..
AMELLE [((LAUGHS))
HEIDI [((LAUGHS))
KEISHA [((LAUGHS))
AMELLE No. Uh well basically their manager saw me about two years--showcasing in America, and uhm, and then two years later when Mutya decided to leave he remembered me, so..
SIMON Did he think at the time *hmmm, she could be Mutya*?
AMELLE [((LAUGHS))
HEIDI [((LAUGHS))

KEISHA [You're (INAUDIBLE)=

AMELLE =[Dunno. You better ask him, yeah.

SIMON [*It's only a matter of time.*

HEIDI ((LAUGHS))

SIMON You've got quite a--a husky voice like Mutya. Did they force cigarettes on you or what?

HEIDI [((LAUGHS))

KEISHA [((LAUGHS))

AMELLE [((LAUGHS)) No, nothing like that I was born with it, yeah.

SIMON Uh--you came out of the womb..?

AMELLE Oh no--[((LAUGHS)) Nothing--no, no.

HEIDI [((LAUGHS))

SIMON *Somebody get me fag=*

MIQUITA =[((LAUGHS))

AMELLE [((LAUGHS))

HEIDI [((LAUGHS))

KEISHA [((LAUGHS))=

SIMON =*I don't want the breast.*

HEIDI [((LAUGHS))

AMELLE [((LAUGHS))

KEISHA [((LAUGHS))

MIQUITA What have we uh--what have we gained from Amelle being a Sugababe now?

HEIDI Uhm, just a new--a new [voice.

MIQUITA [Does it make it feel a bit fresher?

HEIDI Yeah definitely.

SIMON What have we lost, with Mutya not being here, what would be the--the thing you would say is not there any more in the Sugababes?

AMELLE Uhm. I don't know, what would you say?

SIMON Nothing, [you're pleased she's gone. Is that what you are

MIQUITA [((LAUGHS))

HEIDI [((LAUGHS))

AMELLE [((LAUGHS))

KEISHA [((LAUGHS))

SIMON saying? You hated her. [The last five years..

HEIDI [No--((LAUGHS)) No.

AMELLE [((LAUGHS))

KEISHA [((LAUGHS))

MIQUITA We were gonna go with edge.

SIMON Yeah 'cause she had a bit of edge didn't she=

MIQUITA =((SNAPS FINGERS)) Bit of [an edge.

SIMON [She had tattoos and=

MIQUITA =Mmh=

SIMON =Haircuts.

MIQUITA You seem very sweet and wholesome=

AMELLE =Right.. Not [(INAUDIBLE) called that but fine.

MIQUITA [Is there-- is there a--is there an edgy past that could come out?

SIMON Yeah come on, let's make this a hit.

HEIDI Amelle's a tough cookie.

MIQUITA Yeah.

HEIDI [She is.

KEISHA [I've heard a few stories=

AMELLE =Yeah=

KEISHA =[Funny ones.

MIQUITA [Really?=

HEIDI =Yeah=

AMELLE =Let's stop talkin' 'bout that right [now--((LAUGHS))

KEISHA [((LAUGHS))

SIMON Okay. Well let's--let's enjoy the new single now. Forget about Mutya! She's--doesn't exist [anymore, she's only my

MIQUITA [Exactly. It's over.

SIMON second least favourite anyway=

MIQUITA =Exactly=

SIMON =This is Red Dress.

[VIDEO: RED DRESS MUSIC VIDEO: 18s]

MIQUITA This must be quite a weird time for you because uhh--with obviously uhm the Sugababes is such a huge band so you know all the songs.

AMELLE Yeah yeah.

MIQUITA Which [one's the weirdest to sing?

AMELLE [I don't--the weirdest one probably is Push The Button though, because I really liked that [as well.

MIQUITA [And it's so the other [day.

AMELLE [Yeah. Yeah, exactly it was so weird--I do--but I'm used to it now but it's still quite funny I think--when I think about it=

MIQUITA =That is weird=

AMELLE =Yeah.

SIMON And who are you more scared of?

HEIDI [((LAUGHS))

AMELLE [((LAUGHS)) None of them=

SIMON =Really?=

AMELLE =No we get along really well.

SIMON What about Keisha?

AMELLE She's fine. She's fine.

KEISHA *She knows she gotta say that*--[kidding--no--just kidding,

MIQUITA [((LAUGHS))

AMELLE [((LAUGHS))

KEISHA no, [no.

AMELLE [No.

SIMON I've known her for five years and she still terrifies me. When I first started she used to hit me=

MIQUITA =Yeah.

AMELLE [((LAUGHS))

KEISHA [I did, do you remember that time when I caught you in the corner?=

MIQUITA =I remember that day=

KEISHA =With a weapon=

MIQUITA =I remember

that [day.

KEISHA [Yeah.

SIMON What are we talking about now?

AMELLE [((LAUGHS))

HEIDI [((LAUGHS))

SIMON Does--does she hit you?

KEISHA [No.

AMELLE [((LAUGHS)) No.

MIQUITA [((LAUGHS))

SIMON You can--I mean--if you--you can say, don't be ashamed because it's not your fault.

MIQUITA [((LAUGHS))

HEIDI [((LAUGHS))

KEISHA [((LAUGHS))

AMELLE [((LAUGHS)) No [((LAUGHS)) Yeah. [*It's gonna be ok.*

KEISHA [Many have been bullied in the past=

AMELLE =No no, not at all. [It's--it's still good.

SIMON [Aright.

MIQUITA Uhm, let's talk about the BRITs, uhm because uhh--you were nominated, was that quite a weird--'cause that's a huge thing and you'd only been in the band a couple months, was that very odd? [Being there?

AMELLE [I really enjoyed it, it was--it was a bit weird I kept looking around and thinking--'cause I always watch it on telly=

MIQUITA =Yeah=

AMELLE =You know, so.. No but it was a really nice experience and I really enjoyed the show.

SIMON Were you secretly pleased you didn't win? 'Cause otherwise you would have had to go up and sort of thank people [for their support.

KEISHA [((LAUGHS))

HEIDI [((LAUGHS))

AMELLE [((LAUGHS)) I wouldn't have said nothing anyway ((LAUGHS))

MIQUITA Alright, well Sugababes thank you very much for coming in.

KEISHA [Thank you.

HEIDI [Thank you.

AMELLE [Thank you, it's [really cool.

MIQUITA [It's been nice to see everyone again, lovely to [meet you Amelle.

AMELLE [Lovely meeting you as well.

SIMON And this is it now, right? This is the..

HEIDI Yeah.

MIQUITA 'Cause we can't--I can't do this again=

SIMON =[Not again.

KEISHA [((LAUGHS))

HEIDI [((LAUGHS))

AMELLE [((LAUGHS))

SIMON And this is perfect, this is the--this is--I think this is what we've always been working towards, [this.

HEIDI [((LAUGHS))

AMELLE [((LAUGHS)) Oh my..

SIMON Maybe lose Keisha, [but apart from that, this is it.

MIQUITA [((LAUGHS))

AMELLE [((LAUGHS))

KEISHA [((LAUGHS))

HEIDI [((LAUGHS))

MIQUITA Okay. Yeah. Thank you very much.

HEIDI [Thank you.

KEISHA [Thank you.

AMELLE [Thank you.

[[ENDS]]

PUSH THE BUTTON

- Office building interior
  - Elevator lobby: floors 37, 49, 87 (illuminated perspex walls: white with orange, lilac and green stripes; white glowing ceiling tile grid with strobe effect)
  - Elevator interior (stainless steel, button panel with orange illumination)

- Office building exterior (CGI)
  - Glass building revealing striation of floors (camera pans vertically and fast)

Travelodge

Sugababes : Interview (Popworld 2006)
https://www.youtube.com/watch?v=u9ZOo9P4QG8
TheSugababesLover91

ALEX Welcome back to the show! Still to come we've still got Kasabian on the way ehh but right now welcome Sugababes, again, to Popworld.

KEISHA [Hiya.

AMELLE [Hi.

ALEX How're you doing?

HEIDI [Very well thanks.

KEISHA [Good thanks=

AMELLE =Good thanks.

ALEX Uhh now it is obviously always a joy to have you here, always a joy. Ehh however it seems like only yesterday you were last on the show and we already know quite a lot about you.

ALEXA So what we're gonna do is we're gonna limit this interview to uhh things that have only happened between now and the last time that we met which was the twenty sixth of September on your video shoot. So it could be stuff about you but it could be other stuff, is that ok?

HEIDI [Yep.

KEISHA [Yes.

AMELLE [Yeah that's cool [yeah.

ALEXA [Good. On October seventh England drew with Macedonia and Wayne Rooney was substituted for Jermain Defoe uhh what explains Rooney's lack of form recently?

AMELLE I don't reckon it's his lack of form I just think he's just having a hard time at the moment, like everyone else I think you just, you know, dip and dive, sometimes you're at your best and sometimes you're not. It's like us as well I think=

ALEXA =Yeah=

AMELLE =But he's a brilliant player and I'm

sure he'll make a [comeback very soon.

KEISHA [The fact that you know that=

HEIDI =I know=

KEISHA =What [(INAUDIBLE)

AMELLE [He's an amazing player I think so much of him.

ALEXA [Uh it's goo--it's a good answer.

ALEX I'm feeling out-manned [by--by Amelle at [the moment.

ALEXA [Same, I mean I..

AMELLE [((LAUGHS))

HEIDI [((LAUGHS))

KEISHA [I'm just--I'm learning, I'm like taking it all in.

ALEX On the twenty seventh of October, which is yesterday for date fans, Keisha what did you do in the first two hours of being awake?

KEISHA Erhm, I put some music on. I went in the shower, I brushed my teeth and erhm..

ALEXA In the shower?

KEISHA Sometimes I do=

ALEXA =Yeah, I find that weird.

KEISHA [Do you?=

ALEXA =Yeah.

AMELLE [Yeah I don't do that y'know. [Yeah.

KEISHA [Not all the time but--

ALEX [Surely you're brushing with hot water then though=

ALEXA =Yeah, that's what makes it weird.

KEISHA Now I'm thinking of it it's kind of like y--you're kind of spitting on yourself are you not?

[VIDEO: EASY MUSIC VIDEO: 16s]

ALEX On the thirteenth of October a hundred and five year old Chinese man placed a lonely hearts advert in a newspaper for a woman at least half his age. Would any of you consider a man of a hundred and five years?

AMELLE [No way ((LAUGHS)) No.

HEIDI [No.

KEISHA [No.

ALEX How old would you go?

HEIDI The oldest?

ALEXA [Yep.

ALEX [Yep. If--if [he was--

HEIDI [Forty.

ALEX Forty?=

HEIDI =[Yeah.

KEISHA [My god. Thirty two=

HEIDI =[((LAUGHS))

AMELLE [((GASPS))=

KEISHA =If you're pushin'--thirty--thirty two, thirty one.

ALEX Aha ((POINTS AT AMELLE))

AMELLE About thirty five, yeah.

ALEXA Thirty five=

ALEX =Thirty five=

ALEXA =It's a cut off=

ALEX =He's also a billionaire [((POINTS AT HEIDI))

ALEXA [((POINTS AT HEIDI))

HEIDI [((LAUGHS)) [Stop pointing.

ALEXA [((LAUGHS))

KEISHA [((LAUGHS))

AMELLE [Eighty five! Eighty five! [((LAUGHS)) No.

HEIDI [((LAUGHS))

ALEXA On the twenty third of October I saw the artwork for your greatest hits album for the first time. It only features the three of you, how annoyed do you think Siobhan and Mutya are gonna be?

KEISHA [I do--

AMELLE [I don't reckon they will be really.

HEIDI [I think they'll be fine=

AMELLE =Yeah=

KEISHA =Yeah=

HEIDI =They've both got new albums with just them on the covers so..=

ALEX =((LAUGHS))=

ALEXA =[((LAUGHS))

KEISHA [((LAUGHS))

AMELLE [((LAUGHS)) Yeah [((LAUGHS))

HEIDI [We have to share [((LAUGHS))

KEISHA [((LAUGHS))

AMELLE [((LAUGHS))

ALEX [((LAUGHS))

ALEXA [((LAUGHS)) That could be amazing, if you were all just in the background very small=

HEIDI =Yeah.

ALEX On the seventeenth of October Sting's album of Elizabethan lute music went into the classical album charts. Take a guess at what number.

AMELLE Thirteen.

HEIDI Three.

ALEX [Keisha?

KEISHA [Oooh.. ten.

ALEX The actual answer--Sting's probably sitting watching this going *really? I'm Sting!* Number one.

AMELLE [Oooh.

KEISHA [Oh!

HEIDI [Number one!?

ALEXA [Number one!?=

ALEX =Yeah=

HEIDI =Oh wow=

KEISHA =[I knew that.

AMELLE [I think that's like a tricky question.

ALEX People--people who make love for fifteen hours non-stop

ALEXA [((LAUGHS))

HEIDI [((LAUGHS))

ALEX [have albums of lute music that go in at number one.

That's a fact.

AMELLE Wow that's good.

ALEX Uhh please could you guess what it will sound like by singing?

HEIDI [Hmmmmmmhhhh.

KEISHA [Hmmmhhh=

AMELLE =Go on--nice=

KEISHA =Hmmm-mmm-hmm=

HEIDI =((LAUGHS))=

KEISHA =Hmmmh mmmh-mmmh-mmmh-mmhh. Hh! Hmmh mm-mm mmm hmmmm!=

AMELLE =[Hmm hmmh!

HEIDI [((LAUGHS))

ALEX That's number one right there=

ALEXA =[Nice.

KEISHA [Yeah.

HEIDI [((LAUGHS))

AMELLE [((LAUGHS))=

ALEX =Number one in the classical [music charts=

AMELLE [The best. =[((LAUGHS))

ALEXA [((LAUGHS))

HEIDI [((LAUGHS))

KEISHA [((LAUGHS))

ALEX Uhh Sugababes it's once again been a pleasure having you in. [Thank you very much.

ALEXA [Thank you so much.

AMELLE [Thanks for having us.

KEISHA [Thank you, cheers.

HEIDI [Thank you.

[[ENDS]]

Loose Women: Siobhan Donaghy

https://www.youtube.com/watch?v=3MV3HbtbYL4

myloosewomenchannel

ANDREA Now, our next guest first found fame as a third of the group Superbabes, [sic] uhh but that all changed when she quit following rumours of bullying within the camp. She's since struck out on her own--is about to release her latest single Don't Give It Up, please welcome Siobhan Donaghy.

[AUDIENCE APPLAUSE]

ANDREA [Hello!

SIOBHAN [Hello ladies.

CAROL Hi!=

SIOBHAN =Hello=

CAROL =Welcome! How you doing?=

SIOBHAN =Very well=

CAROL =Y'alright?=

SIOBHAN =Thanks for having [me on.

ANDREA [You're looking very glamorous=

CAROL =[You are!

COLEEN [Hmm you look lovely.

SIOBHAN [Awh. Well I'm gonna sing in a bit so.. [Thought I'd put on a

ANDREA [You wa--

SIOBHAN bit of an outfit=

ANDREA =Is that i--is that your kind of singing outfit?=

SIOBHAN =Yes=

ANDREA =Is it like a uniform do you feel like *now I'm Siobhan the singer*?

SIOBHAN It's good to do that I think just because I think I'm quite shy, you know when I'm at [home and with my friends

COLEEN [Mmm.

SIOBHAN and.. It just you know injects you with so much confidence

if you put on some big outfit. I was erhm performing on Sunday at this sort of nightclub and I just put on this black gown that sort of had masses of feathers that I could hardly walk through the crowd with but uhm, erh yeah it just..

JO It worked=

ANDREA =[Yeah.

COLEEN [Yeah.

SIOBHAN [I felt like a different person.

CAROL I don't understand that--how people who go on stage in front of all those p--and sing and--and you know, and then say they're [shy.

SIOBHAN [It's scary.

COLEEN A lot of people are actually=

CAROL =Really?=

SIOBHAN =Yeah=

COLEEN =Because they become someone else, it's not like it's them, y'know.

SIOBHAN [I think that's why a lot of people dress up.

COLEEN [I didn't struggle with it but..

CAROL No [((LAUGHS))

SIOBHAN [((LAUGHS))

[AUDIENCE LAUGHTER]

CAROL So listen, you were in the Sugababes, [famously. And you

SIOBHAN [Yes.

CAROL famously.. Were--sort of disappeared didn't you--when you were--

SIOBHAN --Yeah, [six years ago.

CAROL [You sort of left in a strange way didn't you?--Yeah.

SIOBHAN I did, I left while we were in Japan=

CAROL =Mmh=

SIOBHAN =Erh and I probably could have done it at a better time but it had been a long time coming and we didn't really get on and.. I [wanted to get my life back.

JO [How long had--ha--how long had you been together?

SIOBHAN Four years [I--I was in the band and.. I dunno I just

JO [Four years hmm [yeah.

CAROL [Mmh.

SIOBHAN wanted to get out and do my own thing and.. Con--

ANDREA --And you were very young when you got together [weren't

SIOBHAN [Totally.

I when--I was..

ANDREA you? Only about thirteen?=

SIOBHAN =Yep. Twelve when I met my first

manager=

ANDREA =Wow=

SIOBHAN =Thirteen when I met the girls, and I left them

when I was seventeen=

ANDREA =[Ok.

JO [Crikey=

SIOBHAN =And I just wanted to go on

holiday with my friends and do normal things [and..

COLEEN [Be a

teenager.

CAROL [And it

wasn't something you particularly wanted was it, to be in

a girl band? I mean, [it just sort of happened=

SIOBHAN [Not really. =Yeah, I

mea--I--

CAROL --Holidays are much more fun aren't they, than going on

[the road and singing?

SIOBHAN [Than workin'=

CAROL =Yeah ((LAUGHS))

SIOBHAN Well, my best friend's brother in law was the founder of

the All Saints, so he was a music manager. And uhmm she

told him I could sing, and I didn't really know what I

wanted to do with my life so I kind of went with the

current a bit [for a good few years, but I do--I love it

COLEEN [Hmm.

SIOBHAN now=

CAROL =Mmm. [Are you still in touch with the girls or not?

SIOBHAN [But it's kind of on my own terms. I'm [still in touch--

CAROL [Because they always seem to be changing members of the band, don't they? They [always seem..

SIOBHAN [There's been--there's been a couple of changes, [yeah. But I've spoken to Mutya recently and

CAROL [Yeah.

SIOBHAN she's--she's the [other person that left and has gone solo

CAROL [Hmm.

SIOBHAN and we're kind of releasing [at the same time=

COLEEN =Yeah.

ANDREA [Which is--which is exactly what you've done, you're going solo now. Your--[your--your

SIOBHAN [Yup.

ANDREA single, wha--what's it called, [tell us all about it?

SIOBHAN [It's called Don't Give It Up and it's out today [for digital download. This is all

ANDREA [Lovely.

SIOBHAN new to me this [digital download and then physical

JO [Ooh=

COLEEN =Yeah, so confusing.

SIOBHAN release the next week, but..

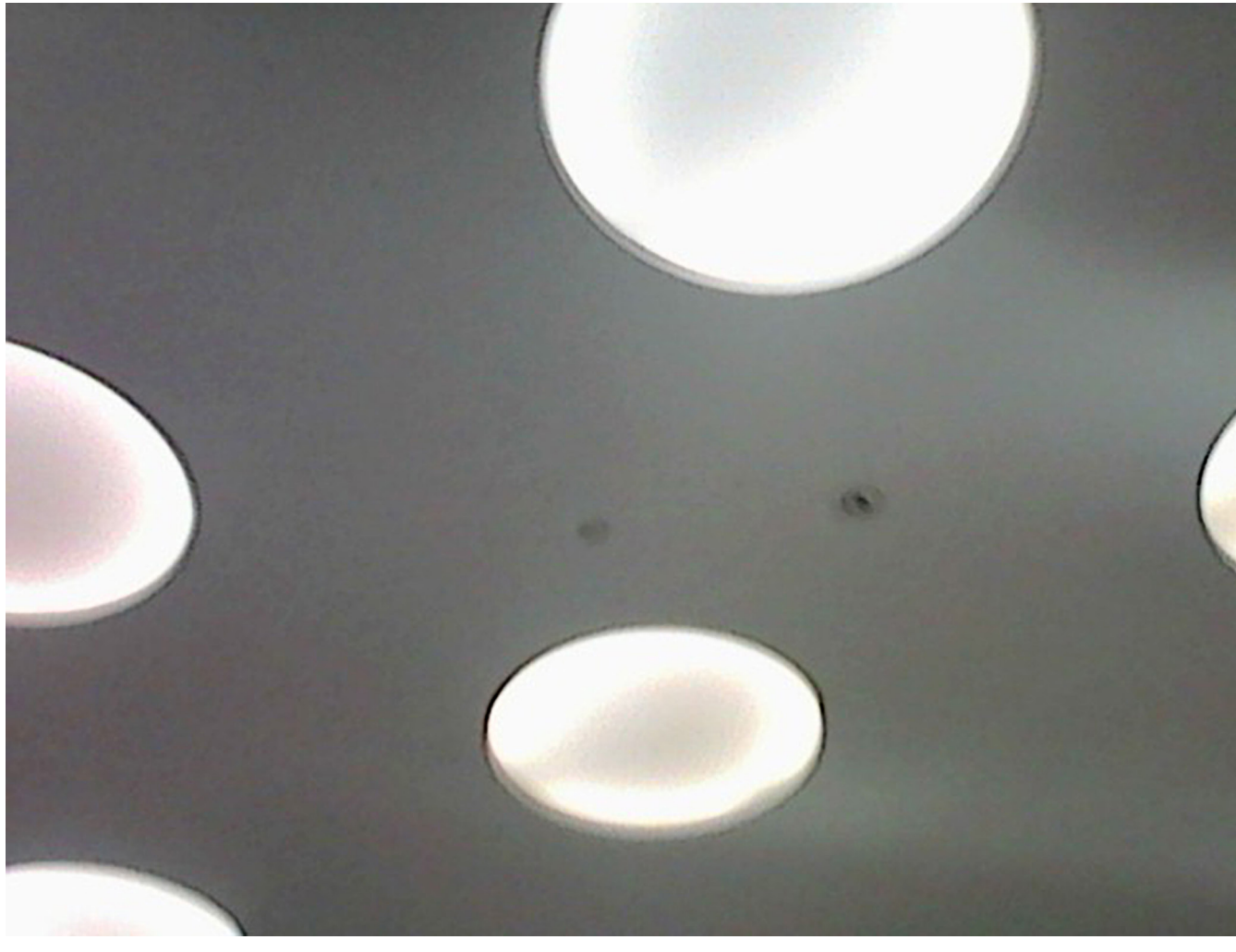
ANDREA And you're gonna be singing it for us a little bit later on=

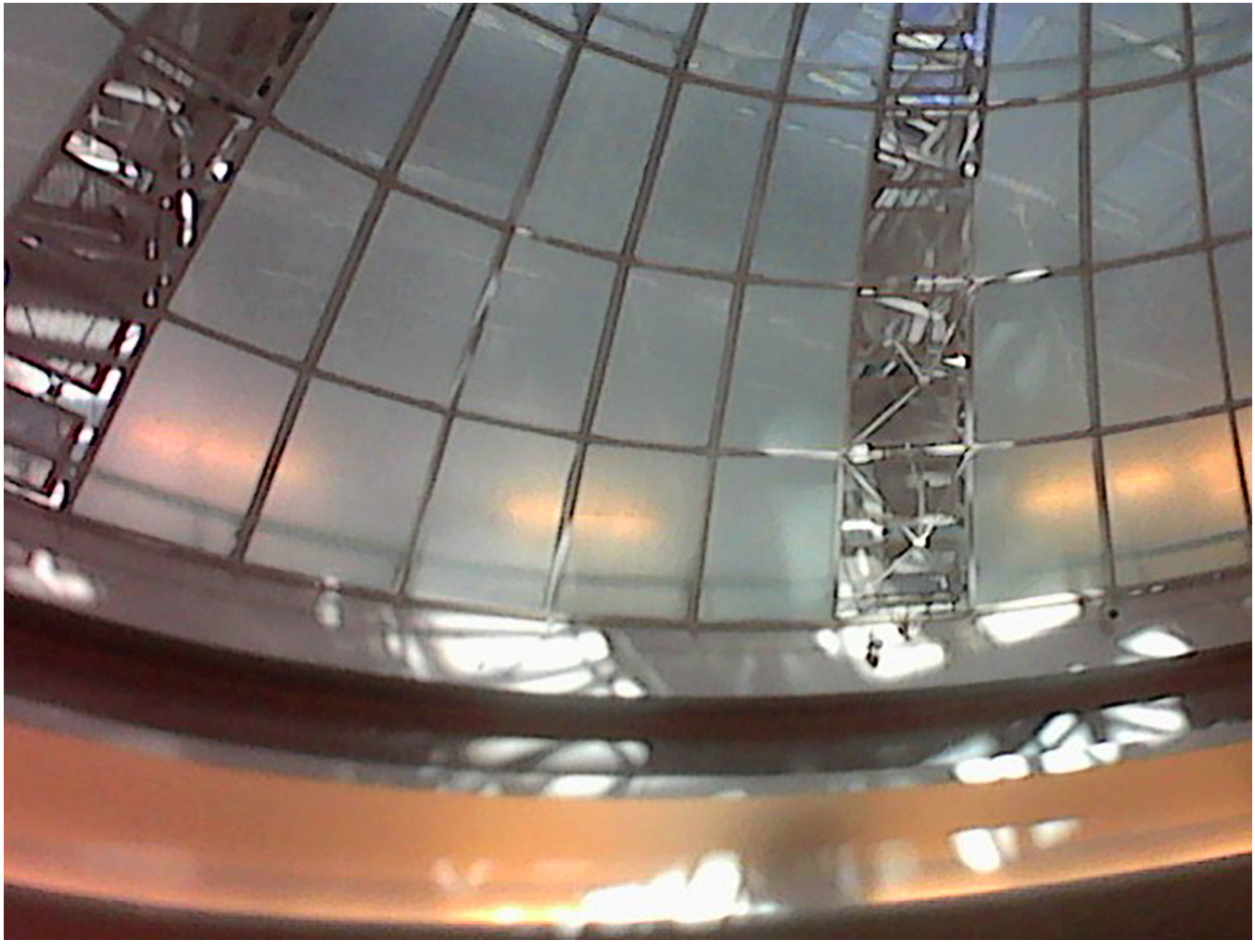
SIOBHAN =Yes=

ANDREA =Which is fantastic. Uhm well we're so glad that you are solo--flying solo as it were and that you're gonna be singing for us later on, it's uhh Siobhan Donaghy everyone.

[AUDIENCE APPLAUSE]

[[ENDS]]





ALBUM	SINGLE	RELEASE DATE	UK CHART PEAK	LINE-UP	LABEL
One Touch	Overload	11 September 2000	6	Siobhan Mutya Keisha	London Records
		27 November 2000	26		
	New Year	18 December 2000	12		
	Run For Cover	9 April 2001	13		
	Soul Sound	16 July 2001	30		
Angels with Dirty Faces	Freak Like Me	22 April 2002	1	Heidi Mutya Keisha	Island Records
	Round Round	12 August 2002	1		
		26 August 2002	2		
	Stronger	11 November 2002	7		
	Shape	10 March 2003	11		
Three	Hole in the Head	13 October 2003	1		
		27 October 2003	3		
	Too Lost in You	15 December 2003	10		
	In the Middle	22 March 2004	8		
	Caught in a Moment	23 August 2004	8		
Taller in More Ways	Push the Button	26 September 2005	1		
		10 October 2005	1		
	Ugly	5 December 2005	3		
Taller in More Ways (re-release)		27 February 2006	16	Heidi Amelle Keisha	
	Red Dress	6 March 2006	4		
	Follow Me Home	5 June 2006	32		
Overloaded: The Singles Collection	Easy	6 November 2006	8		
		13 November 2006	3		
Change	About You Now	24 September 2007	1		
		8 October 2007	1		
	Change	10 December 2007	13		
	Denial	10 March 2008	15		
Catfights and Spotlights	Girls	6 October 2008	3		
		17 October 2008	8		
	No Can Do	19 December 2008	23		
Sweet 7	Get Sexy	30 August 2009	2		
	About a Girl	9 November 2009	8	Heidi Amelle Jade	
	Wear My Kiss	22 February 2010	7		
		5 March 2010	14		

Overrated	[single]	23 June 2003	19	Siobhan Donaghy
Twist of Fate	[single]	15 September 2003	52	Siobhan Donaghy
Revolution in Me	[album]	29 September 2003	117	Siobhan Donaghy
Do They Know it's Christmas?	[charity]	29 November 2004	1	Band Aid 20
Spiral	[feature]	20 February 2006	n/a	William Orbit & Kenna ft. Sugababes
This is Not Real Love	[feature]	6 November 2006	15	George Michael ft. Mutya Buena
Walk This Way	[charity]	24 March 2007	1	Sugababes vs. Girls Aloud
Don't Give it Up	[single]	16 April 2007	45	Siobhan Donaghy
Real Girl	[single]	28 May 2007	2	Mutya Buena
Real Girl	[album]	4 June 2007	10	Mutya Buena
So You Say	[single]	18 June 2007	45	Siobhan Donaghy
Ghosts	[album]	25 June 2007	92	Siobhan Donaghy
Song 4 Mutya (Out of Control)	[feature]	23 July 2007	8	Groove Armada ft. Mutya Buena
Just a Little Bit	[single]	22 October 2007	65	Mutya Buena
B Boy Baby	[single]	23 December 2007	73	Mutya Buena ft. Amy Winehouse
With You	[feature]	12 January 2009	–	Ashley Walters ft. Mutya Buena
It's My Time	[single]	23 March 2009	27	Jade Ewen
Never Leave You	[feature]	2 August 2009	1	Tinchy Stryder ft. Amelle
Fallin'	[feature]	3 August 2009	–	Agent X ft. Mutya Buena & Ultra
My Man	[single]	17 September 2009	35	Jade Ewen
Give Back	[feature]	1 November 2009	–	Tah Mac ft. Mutya Buena
Santa Baby	[single]	21 December 2009	–	Sugababes
Freedom	[promo]	25 September 2011	n/a	Sugababes
Love (Is All We Need)	[feature]	19 August 2013	–	Adam J ft. Amelle & Nightcrashers
Lay Down in Swimming Pools	[feature]	14 March 2013	n/a	Blood Orange ft. Mutya Keisha Siobhan
Flatline	[single]	6 September 2013	50	Mutya Keisha Siobhan
Flowers	[feature]	18 October 2019	–	DJ Spoony ft. Sugababes

J.J. Moon's (Wetherspoon)

553 Kingsbury Road
Kingsbury

NW9 9EL

IKEA (exit cafe)

2 Drury Way
North Circular Road

NW10 0TH

John Lewis (level 3 cafe)

Brent Cross Shopping Centre
Hendon

NW4 3FL

Kingsbury Library

524 Kingsbury Road
Kingsbury

NW9 9HE

Pret A Manger

Brent Cross Shopping Centre
Hendon

NW4 3FB

McDonald's

Brent Cross Shopping Centre
Hendon

NW4 3FH

mutya mobile interview

https://www.youtube.com/watch?v=5f8HZdiQfaE

angel789

INTERV. Hello Mutya.

MUTYA Hello.

INTERV. So you're a phone addict?

MUTYA I am a phone addict--uhmm--I always seem to have at least two or three phones on me. I--today, now have only two phones. This one's actually gone off battery. But this is my little dinky phone, I collect all these phones, it's a little Samsung. [It's tiny.

INTERV. [It looks like an iPod=

MUTYA =It i--well it looks like it, it's actually an MP3 player, it actually holds up to about one thousand tracks=

INTERV. =Wow=

MUTYA =But erhm--it's my ermm--I love it. It's just one little--little phone that I get to put in my purse when I'm going out so when I'm drunk this goes round my head ((DEMONSTRATES))=

INTERV. =Ooh=

MUTYA =And I've never--leas--lo--my phone--ever lose my phone again.

INTERV. [Cool. And there's a--there's a stand-in one?

MUTYA ['Cause before I'd lose my phone all the time. And then this one's just erhm--just my uhmm--my T-Mobile phone,

[(INAUDIBLE)

INTERV. [Wow, with a picture--is that young=

MUTYA =That's my daughter=

INTERV. =Young Tahlia?

MUTYA Yeah [that's--

INTERV. [Ain't she pretty?

MUTYA She's erhm--she's a very funny little one. Yeah. That's her there ((SHOWS TO CAMERA))

INTERV. Cool. Oh I don't think we can see--oh there we can. She

looks [pretty there.

MUTYA [Yeah, she's very funny.

INTERV. Wicked. [Cool.

MUTYA [That's her making (INAUDIBLE) make-up.

INTERV. And what phone do you want next?

MUTYA I want a Nokia! Because the Nokias are very easy to work and I think I'm most probably gonna go look--since I've finished so early today I think I might have to go and have a look around=

INTERV. =((LAUGHS)) [Cool.

MUTYA [((LAUGHS))

[[ENDS]]

Series 3 / Episode 9 - Sugababes Interview

https://www.youtube.com/watch?v=lZ5oQRv0KFY

thealbumchartshow

[[FOOTAGE MISSING]]

SARA --well it's Keisha, it's Amelle, it's Heidi, it's Sugababes!

[AUDIENCE APPLAUSE]

SARA So err Hurricanes there from Athlete, high winds, any problem with the wind yourself girls?

HEIDI No=

AMELLE =Nah=

KEISHA =No=

HEIDI =[((LAUGHS))

AMELLE [((LAUGHS))

SARA That wasn't a very ladylike question to start off with was [it?

AMELLE [((LAUGHS)) [Came out of nowhere!

HEIDI [Probably not the most ladylike=

SARA =No I do apologise. Are you doing alright on the stools? [It's a

HEIDI [Yeah (INAUDIBLE)

SARA bit like Westlife, [you wonder how they ever managed it.

AMELLE [I know, slipping and sliding a little bit but no yeah it's cool=

SARA =We're alright. So the new album, there's been some mystery over what it's gonna be called and a bit of choppin' n' changin' but it is called..

HEIDI Change.

SARA It's gonna be called Change, and when's it out?

HEIDI It's out on the eighth of October.

SARA Ok, now it's quite a biggy 'cause it's the first time you've done an album just the three of you--it's the three of you together=

AMELLE =Yeah=

SARA =S--erh--is it pretty special Amelle, is [it exciting?

AMELLE [Yeah, this is very close to my heart, yeah. No, I'm looking t--looking forward to the release date and what everyone thinks about the new single as well, we're quite nervous and.. Yeah, see how it goes.

SARA Now, when you've been writing before, is it true that you--you scuttle off with--and write your own bits [and

AMELLE [Yeah.

HEIDI [Yeah.

SARA then you've brought it together--

KEISHA --We always write our own verses. I think then like the fans can kind of get to know us as individuals, hear how we would sing it--erh--our take on the concept of the song, because obviously we haven't all been through the same things [erhm, so, I mean I really liked Heidi's verse

AMELLE [Yeah.

KEISHA on Stronger and she wrote that herself and that was kind of like a personal song to her, whereas I just wrote it about--*I dunno I guess this is how you feel when you're going through stuff,* so..

SARA But for a song to make sense do you have to kind of agree on what the theme's gonna be roughly first?

HEIDI Yeah=

AMELLE =Yeah=

HEIDI =Yeah we do, but in the past we didn't with a few of the songs. Like when we done Round Round if you listen to the lyrics it d--it's a--it's about ten different conversations [going on throughout the song=

AMELLE [Yeah.

KEISHA =Yeah=

HEIDI =Because we'd--we'd written to erhh--instead of picking a concept and piece of music, we just sort of picked our favourite bits of music for that and [wrote whatever we thought, and

KEISHA [Yeah.

HEIDI then the producer decided to like put all these [random
KEISHA [Yeah.
HEIDI verses together but it worked, so..
SARA It worked really well for Round [Round, yeah. The new
KEISHA [Yeah.
SARA single, erhm, About You Now, it's gonna be the first single off the album. Is it--what's it about and is about anyone in particular?
KEISHA No [I mean--I think--erh--you go out with a guy, and you
AMELLE [No.
KEISHA know how us like ladies we kind of always like the 'bad boy', so soon as we meet one we kick the good one to the kerb, and then it's like, and then we find out this bad one is just like really bad and then you try to go back to that boy--by this time he's [moved on and everything you
AMELLE [((LAUGHS))
KEISHA wanted him to be. So uhh, it's kind of like you know, that kind of thing.
SARA I like that, I think that kind of comes with growing up a bit, I think especially [when you're very young you love
KEISHA [It does, it does, it does.
SARA the bad boys and then you kind of realise=
KEISHA =And then you realise=
AMELLE =Yeah.
SARA Can I ask about your boy, is Dave Berry alright?
HEIDI He's lovely, [yeah.
SARA [He's so--he seems like a very nice [boy.
HEIDI [He is.
KEISHA [He is.
SARA Is he--uh--do you approve [girls?
HEIDI [The girls get on with him, yeah
KEISHA [Oh no I do [think he's--
AMELLE [No he's lovely.
Yeah he's lovely=
KEISHA =Yeah he is nice.

SARA That's exc--and d--and d'you feel like a showbiz couple when you're at home and you're hoovering up his [toast crumbs?

HEIDI [Nooo=

SARA =No?=

HEIDI =No [((LAUGHS))

AMELLE [((LAUGHS))

KEISHA [((LAUGHS))=

SARA =No?=

HEIDI =No, but he's lovely.

SARA Alright, ah well send him my best [and erhm, well it's

HEIDI [I will.

SARA brilliant to have you back, can't wait for you to perform, good luck, [you'll be brilliant, erhm and look forward to

HEIDI [Thank you.

SARA the new single About You Now and the album which you've named?

HEIDI [Change.

AMELLE [Yeah ((LAUGHS))

SARA Change! [Fab. Alright then erh it's the Sugababes!

HEIDI [Yep.

[AUDIENCE APPLAUSE]

SARA Thank you very much. Thank you.

[[ENDS]]

ABOUT YOU NOW

- City of London
  - City skyline
  - Pavement with roadworks

- Southbank, London
  - Millenium Bridge
  - Tate Modern (west entrance)
  - Southbank Centre (riverside terrace)
  - Sheltered seating area (grey mosaic tiling, yellow cladding)

Sugababes' own account of the way they make their music is at times vague, and on occasion misleading. It takes some piecing together, for a fan, the craft and the mechanisms, the structures and the people that put an album together; it's a lot, and we needn't hold it against the band members for not properly explaining.

It's a strain describing the nuances of your participation, especially when it has to fit within the soundbite of a fun five minute interview. It's easy to fall back on vagaries of a shared, diaristic writing process - which is maybe part of the job half of the time, but is not really representative of all that goes on in the recording studio.

There is always work that goes undescribed. And there is a pressure for singers to appear in full authorial control, to have written all that they sing, in order to be considered legitimate artists. As if great works of art were made in isolation; as if singing, emoting and performing are not skills worth celebrating on their own.

To write as a Sugababe is to write in a three or more, and sometimes separately, to borrow and ask for help, unafraid to hodge podge with scraps, with tact, in bursts - in allegiance and in forgiveness. Sometimes you compromise. Sometimes you find a way to style it out, in unison, with rhyme and rhythm; there's a casual flare to it, a going-with-the-flow whilst maintaining a sense of ownership. It takes practice; it takes self-sacrifice and renouncement of ego, and it's a skill in itself.

Sugababes interview

https://www.youtube.com/watch?v=Ytx3WAo4Vos

dailymirror

AMELLE [Hi, we're the Sugababes and this is mirror.co.uk.

KEISHA [Hi, we're the Sugababes and this is mirror.co.uk.

[[CUT]]

INTERV. So you're about to release your next single, Girls, and everyone's gonna recognise it from the Boots advert aren't they?

AMELLE [Yeah.

KEISHA [Yeah, they are.

INTERV. Was that planned or did--had you planned to cover it before then?

AMELLE No, we actually had that track, it was sitting on our A&R's desk, who's actually now the head of Universal, uhm Island Records. But, uhm he uh--yeah, so no we didn't get it from the [Boots advert it just happened that the Boots

KEISHA [Yeah.

AMELLE advert came out and that's why we were a bit..

KEISHA It was to give--it was given to him erhm--uh by these guys about two years ago and it had a different song on it altogether which is actually partly kind of what you hear today=

AMELLE =Yeah=

KEISHA =Had a melody on it, and basically Darcus just kept it on his desk and was just like *hmm, the girls will sound really good on this but I'm just gonna keep it*, and because we were doing you know, About You Now and you know we [were working on the Change album, it didn't fit [into

AMELLE [It didn't fit into that whole.. [Yeah.

KEISHA where we were gonna go, and we've always said from the the beginning, you know, judging from even like the first Sugababes album we've always wanted to go in a more uhh live album soulful uhhm direction.

[VIDEO: GIRLS MUSIC VIDEO: 14s]

INTERV. --first single from the sixth album, what can fans expect? Is there a new musical direction?

AMELLE It's completely different ((LAUGHS)) It's different man, there's probably one pop track that you'd say oh that's a poppy track, [the rest of them..

KEISHA [Yeah, and it's not even pop=

AMELLE =It's not even pop, [no it's..

KEISHA [Yeah. Influ--it was--we--around the time of y'know, making the album we were definitely, y'know, I know Heidi went to a lot of live gigs, and we just wanted to do--you know wanted to have the influence of, y'know, The Supremes and we love like Gnarls Barkley and [what--y'know what

AMELLE [Yeah. That whole liveness.

KEISHA CeeLo does.. Just--just that whole kind of y'know, you know we've always said that we--we wanted to do a collaboration with André 3000 and we didn't get to do it, but we're definitely influenced by that kind of era.

INTERV. It's called Catfights and Spotlights=

AMELLE =Yeah=

INTERV. =Did the inspiration for the name come from your own lives?

AMELLE Not a d--[it's--it's d--

KEISHA [Not--not us. We kind of tried to poke fun.

AMELLE Yeah it was more because everyone thinks it, we just thought [*d'you know what*, just a bit of tongue in cheek,

KEISHA [Yeah.

AMELLE it's a bit funny [and 'cause I think it's never gonna

KEISHA [Yeah.

AMELLE leave this band ever. The--[I--i--genuinely--no matter

KEISHA [Yeah.

AMELLE who's in it ((LAUGHS))=

KEISHA =Yeah=

AMELLE ='Cause do you know what I mean, like I've joined and it's still going on=

KEISHA =Yeah=

AMELLE =So I think we just--

KEISHA --And when you first joined, [like she was like--she was

AMELLE [I used to think it myself so..

KEISHA like *oh god, alright, how'm I gonna be? Am I gonna be [bopping and weaving? Which one am [I gonna go for first?*

AMELLE [Yeah. [Yeah. I genuinely like really prepared myself to meet them both, ['cause I

KEISHA [Yeah.

AMELLE thought they were gonna be a bloody nightmare. I [truly

KEISHA [Yeah.

AMELLE did, and erhm, no offence! [And then soon as I met them I

KEISHA [Yeah no of course.

AMELLE was like *oh my god how can I be this wrong?* And just--it's like looking at two.. It's the weirdest thing ever because they're just completely different to what I thought they were gonna be, and I was saying to Keisha so *I thought you was gonna be the worst one* ((LAUGHS)) And she's the complete opposite, so I think it's just gonna follow this band Sugababes as a name [and as a band it's always gonna

KEISHA [Yeah.

AMELLE [be there so we just thought--

KEISHA [And so with this line-up we've never had an argument between each other. There's no shame in going *yeah you know sometimes we argue,* [*it's natural,* but really we

AMELLE [It's..

KEISHA actually don't=

AMELLE =Yeah we really don't. [We've had y'know,

KEISHA [Because..

AMELLE like if I don't agree with something, but it's not an [argument, we'll go *OK I see what you're saying, but if*

KEISHA [Yeah.

AMELLE [*we just do it this way.* Yeah. We don't go *look, I've*

KEISHA [*But I don't really agree.* And then we've come to an agreement.

AMELLE *been in the band ten years girl.* [*You shut up.* Cause it's not like that at all.

KEISHA [Yeah or--or--or--or, yeah or like *YEAH, NO, YEAH,* [*UGH, UGH, EH, EH.*

AMELLE [Yeah there's never shouting--

KEISHA --Never any of that and I think that kind of when--that closed the door all--[a long time ago--

AMELLE [It's young though isn't it, when you're [sixteen, that's when you start doing that.

KEISHA [It's really really really young. [But when you're--

AMELLE [It's a business at the end of the day, [you've gotta--you've gotta work

KEISHA [Exactly.

AMELLE together because if--if one of you don't--if you're treating someone bad the--they can screw up the whole th--thing, you know what I mean. [You've gotta work

KEISHA [Exactly.

AMELLE together, this is [all your business this is how you w--wa

KEISHA [You have to.

AMELLE --wor--[make your money [and make your living.

KEISHA [And-- [Yeah.

INTERV. Do you think this is the best line-up then?

KEISHA As far as..?

INTERV. Compared to the other line-ups you had, for instan--

KEISHA --I think relationship, yeah. But obviously I'm gonna have my--I'm gonna--[because, being in it from the beginning..

AMELLE [I think each individual brings something to the band [so I think that's--hard question anyway=

KEISHA [Of course. I-- =Yeah. It is a really really hard question because I loved what each member, you know, what we've all brought in at different points and you know, when Mutya, y'know, went on a completely different flip and she didn't show up for work and y'know, the band was Keisha and Heidi. And we were going in the studio and we wrote the last album together which was uhm.. a--uh=

AMELLE =Taller [In More--

KEISHA [Taller In More Ways. Her last album, our last album with Mutya, you know we wrote Push The Button with Dallas Austin, and again because we supported her and we were like, you know, she was going through personal things which obviously I'm not gonna speak on but different issues and we were like *because you're going through a--you know, a hard time and a bad phase at the moment that you unfortunately can't bring yourself out of, we're splitting everything.* So on the album credits everything was always split three ways=

INTERV. =Mmh=

KEISHA =And it was never a--a three way thing, and erhm--and then she decided to leave. And I think Heidi was very hurt because, one, she didn't call Heidi and she has never called her since that day, and I think for me, she is super super talented and--and stuff, and you know, that's basically it, and I would love to have a relationship with Mutya, a proper one, a proper friendship like we used to have when we were y'know, younger, before the Sugababes, and--and the beginning of Sugababes, we started it when we were like twelve years old, eleven twelve. And I would love to have that, but I can't dwell on that and I'm an adult now and I understand that I've got a lot of things I have to look after, you know business, you know the business of Sugababes, you know, my relationship with the girls. And so I don't let it kind of get me down too much. I did go through severe depression ((LAUGHS)) after she left for about six months, I was in tears every day to management. And I was so--it was like, it was so weird it was a blessing in disguise because--I was like--there's things that Amelle did, that were like--I missed her so much, but there's things that Amelle did that reminded me so much of my past like--the way Amelle like--like Amelle might laugh and she might do an expression and it reminded me of Siobhan, uhm and--and her handwriting is exactly the

same as Mutya's, not to mention her husky tone and little things that she'd do or little things that she'd we--would remind me and I'd be like *god*, and it made me feel so at home. It's so weird. And that actually helped me along a lot more and erhm, yeah no definitely. I just think--uhm --I'm--I'm grea--you know if she'd like to co--get in contact with me and Heidi I think that would be great, but Heidi would say that she's kind of over it now because it's been a long time. And I definitely am over--over the drama uhm, but she knows she can call us any time and it would not be a problem, you know we wouldn't even speak about it in, you know the public eye it would be a really private thing=

INTERV. =Mmh=

KEISHA =And she knows that, but it just depends on when she's ready. 'Cause we're not bitter and--and we're not--we're not--we're not angry with her at all.

[[ENDS]]

On the walls of J.J. Moon's pub, next to Kingsbury Underground Station, from text and photography displayed in brown and gold picture frames, it is possible to learn that:

> At Kingsbury Manor on Roe Green Park, early experiments in television broadcast were made. The first ever sight and sound transmission was received here from Berlin in 1930.
>
> Construction of The Welsh Harp Reservoir was completed in 1837 by the Regents Canal Company. The reservoir took its name from the The Old Welsh Harp Inn, a long established coaching house on Edgware Road. The road dates back to Roman times.

On the southern edge of the reservoir, by the children's recreation area, a public information board reveals that:

> The Welsh Harp and it's namesake Inn became a fashionable destination for day-trippers in the latter half of the 1800s. In response to demand, the Welsh Harp railway station opened in 1870.
>
> The Victorian industries of leisure and spectacle were booming: land at the Welsh Harp was used for horse racing as well as hot air balloon launches.
>
> There was an air-rifle shooting enclosure and skittles saloon, swimming, canoeing, and music hall entertainment for up to 500 people. The Inn's owner kept a small zoo that housed birds, monkeys, and a bear - which notoriously escaped in 1871.

Sugababes : Interview (Paul O'Grady Show 2008)

https://www.youtube.com/watch?v=l42HFWoyyA8

TheSugababesLover91

PAUL --it's the Sugababes! Let's hear ya.

[INTRO MUSIC]

[AUDIENCE APPLAUSE]

PAUL Heidi!

HEIDI Hello.

PAUL Hello darlin' (INAUDIBLE)

AMELLE Hello, how are you?

PAUL All the better for seeing ya.

KEISHA Hello.

AMELLE Hello!

PAUL Hello gorgeous.

HEIDI Hello.

DARA (INAUDIBLE)

HEIDI (INAUDIBLE)

PAUL Lovely [to meet you, hello.

DARA [(INAUDIBLE) Pleased [to meet you.

KEISHA [Hello. Nice to meet you.

PAUL Bigger than Bananarama, [it's true though isn't it.

[AUDIENCE LAUGHTER]

HEIDI [((LAUGHS))=

PAUL =No but it do--I mean Bananarama, like, I remember they were--woarhh--everyone was doing y'know, up doing the dance--[I can't remember the song.

AMELLE [((LAUGHS))

[AUDIENCE LAUGHTER]

HEIDI ((LAUGHS))=

AMELLE =[((LAUGHS))

KEISHA [((LAUGHS))

PAUL What was that song Bananarama did?

DARA [Erh Robert De Niro's Waiting.

HEIDI [Locked In a Prison Cell.

PAUL That's it yeah=

HEIDI =Yeah=

AMELLE =[Ooh that was quick.

PAUL [And there was a dance routine [wasn't there that went to it?

HEIDI [Yeah, I use--Only You Can Set Me Free!=

PAUL =That's it=

KEISHA =Yeah=

PAUL =Yeah and they all used to do it in the thing, and I'd sort of do it in the dressing room so I could go out and, like, show 'em how cool I was=

KEISHA =Oh=

PAUL =And I'd go out and they'd laugh=

AMELLE =[((LAUGHS))

HEIDI [((LAUGHS))

KEISHA [((LAUGHS))=

PAUL =How's--when's the single out?

HEIDI Uh twenty second of December=

AMELLE =[Yeah.

PAUL [Yeah? You excited?

HEIDI [Yeah.

AMELLE [Yeah. Excited yeah.

KEISHA [Yeah, we're really excited, we love the song [so.. It's always cool performing it.

PAUL [Yeah. I tell you what, the album, 'cause I was listening to it at the weekend, it's got a real Motown feel to it [y'know.

KEISHA [Yeah.

AMELLE [Oh, lovely that's what we wanted to [have--

PAUL [Oh is that what you were [after?

HEIDI [Yeah.

AMELLE [Yeah, we--[we wanted--

KEISHA [Yeah--

HEIDI --Ohh. A little bit, yeah=

PAUL =[Yeah.

AMELLE [Yeah, su--cause we were, like very--were su--like, by the Supremes, like inspired by the Supremes, like [Motown [and we wanted that sort of live

KEISHA [Mmm.

PAUL [Yeah.

AMELLE sound through it.

PAUL 'Cause I'm going through me northern soul stage again, [(INAUDIBLE)--I love--and all the old Wigan Casino stuff.

KEISHA [Aah!

AMELLE [Nice

PAUL Crazy on 'em. Just--I have it on all the time--

[PRODUCER SHOUTS FROM OFF STAGE: They weren't born!]

PAUL Eh?

[PRODUCER SHOUTS FROM OFF STAGE: They weren't born!]

AMELLE We weren't born he's saying I think.

PAUL Can [you just.. Darlin' would you just mind the chair

AMELLE [((LAUGHS))

HEIDI [((LAUGHS))

KEISHA [((LAUGHS))

PAUL while I go over and punch Bert! I know they weren't born

[AUDIENCE LAUGHTER]

PAUL but they do know what northern soul is, thank you, they're musicians, they're in the business. [I do apologise

KEISHA [((LAUGHS))

AMELLE [((LAUGHS))

HEIDI [((LAUGHS))

PAUL ladies, we're just having a little fight today he's--[he

KEISHA [Ahh.

PAUL hasn't had his tablets and he's a bit like this ((MIMICS HAND TREMOR))

KEISHA Right, OK.

PAUL I've heard, now I've rumours about your video.. [I--I'm

AMELLE [Oohh!

((LAUGHS))

HEIDI [((LAUGHS))

PAUL gonna grill you on this, 'cause you've been carrying on haven't you? [Oh, hear this (INAUDIBLE) It's a fruity

KEISHA [((LAUGHS))

AMELLE [((LAUGHS))

PAUL video isn't it? Quite fruity?

KEISHA It is. We've got--I think there was about [twelve guys--

AMELLE [I mean..

[IMAGE: STILL FROM NO CAN DO MUSIC VIDEO: 5s]

KEISHA Was [there twelve?

AMELLE [Oh, more than that, yeah.

KEISHA They probably doubled it to make it look like it was more--sorry I shouldn't be saying that, that's a secret. But basically it was like twelve guys on set, and erhm, in like hot pants. So it was really hard. [Really really

[AUDIENCE WHOOPS AND WHISTLES]

HEIDI [Really tough day at work.

KEISHA hard thing to do. It was a [tough day at work.

AMELLE [Yeah. [We hated every minute of it. [Horrible.

PAUL [Half of these poor--

KEISHA [Yeah.

PAUL [They went home shell shocked half of 'em. Who--who was--[who gave them a grope?

HEIDI [It was Amelle, twice!

AMELLE [It was me. Twice! ((LAUGHS)) 'Cause in rehearsal on the--the first one he had t--like it's a human chair and I was sat on him. And then erhm I fell obviously and grabbed his erh..=

KEISHA =Parts=

[AUDIENCE LAUGHTER]

AMELLE =His, yes=

KEISHA =Special bits=

PAUL =[((LAUGHS))

AMELLE [Special bits yeah. And then the second time was when we were in actually shooting the video and there's like a human staircase, well, men staircase. I've--power walking down it and then the [last fella, ((PERFORMS STEPPING ACTION)) right in.

KEISHA [Stepped in his special place [again.

AMELLE [All I saw was his leg go fl--like kicking up and his red face and veins sticking out of his [head, I felt so guilty. [Like permanent damage.

HEIDI [Yeah.

PAUL [Did you have these killer heels on? When you were going down this human staircase [power walking?

AMELLE [No that was a bit of a trick. It was barefoot but I did give him a good ol'.. kicking ((LAUGHS))

[AUDIENCE LAUGHTER]

HEIDI [((LAUGHS))

KEISHA [((LAUGHS)))

PAUL This poor fella he had his crown jewels stru--stood on. The family j--

DARA --I mean, how far of a fall is it from a man-made chair that you had to grab onto this poor [guy on the way down?

AMELLE [It's like this.. They put their legs behind their head [and then you sit on them

HEIDI [They're like upside down.

AMELLE bum [to bum. And then I--I grabbed his.. Like..

KEISHA [It's like--yeah, (INAUDIBLE) [Yeah, it was like you were grasping.

DARA [Yeah, we know what you grabbed. [We know what you grabbed.

KEISHA [((LAUGHS))

HEIDI [((LAUGHS))

AMELLE [((LAUGHS))

[AUDIENCE LAUGHTER]

PAUL I'm wincing here as you're speaking and [telling me.

DARA [Yeah.

KEISHA [Yeah. But she had to adjust.

PAUL [How d'ya mean put his legs behi--s..

AMELLE Like--

KEISHA --It's like you know what we're sitting on now=

AMELLE =Yeah=

KEISHA =[So bent themselves..

HEIDI [It's like you're putting [your legs back and holding them up.

AMELLE [Yeah exactly, and that's your--[that's the chair--is the bum--is [the chair.

PAUL [Yeah.

KEISHA [Yeah. And then every time she tried to adjust, [obviously you've

AMELLE [I was like--I kept--and I kept--

KEISHA got to adjust, you've gotta put your hands--[to adjust.

DARA [Somewhere, yeah=

KEISHA =Somewhere.

AMELLE [Yeah ((LAUGHS))

PAUL Good excuse this [*h'y'are ri--h'y'are then--h'y'are Heidi,*

HEIDI [((LAUGHS))

KEISHA [((LAUGHS))

AMELLE [((LAUGHS))

PAUL *we'll [pretend that was a slip, have a feel* ((LAUGHS))

AMELLE [That was our excuse for the video ((LAUGHS))

PAUL 'Cause Heidi you--you were transfixed weren't you apparently? When you wer--

HEIDI --Was I? [((LAUGHS))

AMELLE [((LAUGHS))

KEISHA [((LAUGHS))

PAUL Yes! According to the papers, why believe the papers, but--it's tru--it was--apparently you were like ((PERFORMS

OPEN MOUTHED AWE)) and they were--

HEIDI --No I was a bit--I was a bit embarrassed.

AMELLE All of us were a bit hot--flustered by the [whole thing.

HEIDI [But the--the lads who done it were really nice and [they weren't,

KEISHA [Yeah.

HEIDI y'know they weren't sleazy, [they were really lovely and

KEISHA [Yeah. They [weren't pervy.

PAUL [Yeah. Yeah.

HEIDI just made you [feel comfortable.

PAUL [Yeah. All this work that goes into making like a three minute pop video.. [Isn't it?

KEISHA [Mmmh!

HEIDI [Yeah.

AMELLE [It's mad. It's an--yeah.

PAUL How long did it take to shoot? Weeks I suppose?

KEISHA No [((LAUGHS))

AMELLE [((LAUGHS))

HEIDI [No it was--it was like--

PAUL --(INAUDIBLE) She said *two hours* [((LAUGHS))

AMELLE [((LAUGHS))

HEIDI They--they--they had a really tough day 'cause they were like holding these positions for hours=

AMELLE =Yeah=

HEIDI =So they actually--I felt a bit sorry for them 'cause they [were workin' a lot harder than us.

AMELLE [All their knees were bruised. Poor [things.

KEISHA [Mmm.

PAUL And just--the--the--d--these three power women in nine inch heels stomping on [their back and grabbing their

AMELLE [((LAUGHS)) Yeah. And feeling their bum.

PAUL bits. [It's a nice day's work isn't it?

KEISHA [Did you see--did you see my motorbike scene?

PAUL No [((LAUGHS))

AMELLE [((LAUGHS))

KEISHA [You get to see that. They bent themselves like into a

[IMAGE: STILL FROM NO CAN DO MUSIC VIDEO: 5s]

KEISHA shape of a [motorbike. And I had to get on top like and

AMELLE [It's--it's really good like how you do it.

[AUDIENCE LAUGHTER]

KEISHA ride--ride--ride the m--woahoah! [Ride the motorbike.

PAUL [Do you want a shovel for that hole? ((LAUGHS))

[AUDIENCE LAUGHTER]

KEISHA Sorry. You know what I'm saying. You have to watch the video to see what I'm [saying, OK.

AMELLE [You'll see what she means. It's a really good bit anyway.

PAUL Well we've got a clip of it=

KEISHA =[Really?

AMELLE [Oh alright!

HEIDI [Oh OK=

PAUL =Yeah--yeah, let's have the motorbike bit Bert, please. I'll have to go watch this now after the show.

[VIDEO: NO CAN DO MUSIC VIDEO: 35s]

[AUDIENCE APPLAUSE]

HEIDI ((LAUGHS))

AMELLE ((LAUGHS))

KEISHA I enjoyed that! [((LAUGHS))

DARA [Woo! Woo!

PAUL Alright, calm down. Do you fancy a bit of that, Dara, being a human motorbike?

DARA Well--we--so--all I just got was--was the headlamp? Where did you put the headlamp--err--in the bloke? Where is he--

AMELLE --He--he--his head, the headlamp was over his head wannit? [It was like on his forehead. It was like a hat. Yeah.

KEISHA [Yeah.

HEIDI [Oh yeah he had a hat [on.

DARA [Right, that's not what I guessed. I guessed something entirely--[yes, yeah.

PAUL [I was actually, I was on your line there thinking somewhere else.

AMELLE [((LAUGHS))

DARA [((LAUGHS))

[AUDIENCE LAUGHTER]

PAUL (INAUDIBLE) *Under his arm!* Ackshh--[((LAUGHS))

AMELLE [((LAUGHS))

KEISHA [((LAUGHS))

PAUL Now look, how does it feel? You're the number one girl group. [I mean.. Can you believe it? Y'know, d'you--d'you

AMELLE [Yeah.. ((LAUGHS))

HEIDI [((LAUGHS))

ever like think that--*how--wha--wha--how's this happened?* I mean you are. This is it now, you're phwt! Up there!

KEISHA We're trying to get up there to [be honest with you.

AMELLE [Even for--y'know..

PAUL What d'you mean you're trying? [You are!

KEISHA ['Cause--yeah--no we've go--we've done really well but we never get like [complacent. And--and we know that we're really lucky to

HEIDI [Complacent=

AMELLE =Yeah. We always..

KEISHA be where we are and--and yeah we've got a lot more than what we ever expected definitely.

PAUL Yeah. [Yeah.

AMELLE [Yeah. We're so proud of ourselves anyway [as well.

HEIDI [But there's more we wanna do=

AMELLE =Yeah=

KEISHA =Yeah.

PAUL Now there's things--who's got the phobia about Bobby Davro? I roared when I heard this.

AMELLE [Keisha.

HEIDI [Keisha.

PAUL How [can you have a phobia about poor Bobby Davro?

AMELLE [((LURCHES AT KEISHA)) Bobby Davro! Bobby Davro!

[IMAGE: BOBBY DAVRO: 3s]

KEISHA Oh! Don't [do that!

AMELLE [((LAUGHS))

PAUL Wha--ha'?

KEISHA [Ok when I was younger--

PAUL [Bobby! Come out from behind the the d--

AMELLE --[Yeah ((LAUGHS)) He's over there! ((LAUGHS))

HEIDI [((LAUGHS))

KEISHA [Don't you dare! Oh god. No, when I was younger uhm my brother actually used to say *Bobby Dabro!* [sic] *Bobby Dabro!* And then it was only until I got older and told Heidi and Heidi was like..

HEIDI Bobby Davro.

KEISHA That was the actual--but I actually thought it was D--Bobby Dabro--and he would just say the name. I didn't know who this guy was [but the name used to scare me [like *Bobby Dabro.*

PAUL [Ahh. [Have you met him?

KEISHA Erhh, I don't think--[I think w--years ago probably once but..

HEIDI [I've met him. I don't think--I don't know if you [were there.

PAUL [Did you scream and run? [((LAUGHS))

HEIDI [((LAUGHS))

AMELL [((LAUGHS))

KEISHA No! But no it was--and 'til this day it still just--it's just weird, it sends [like shivers--yeah.

PAUL [Ain't it weird that? Eh yeah. Sort of--your childhood--[yeah. Sweeney Todd with me.

KEISHA [Yeah it's weird.

PAUL How's your fella? 'Cause you've moved in together haven't you?=

HEIDI =Yes=

PAUL =Have you sorted out your decorating differences?

[IMAGE: HEIDI AND DAVE BERRY: 4s]

HEIDI Yeah. No, it's really nice.

PAUL Yeah. I read in the paper he was kicking off about the bedroom.

HEIDI [No!

AMELLE [((LAUGHS))

PAUL [Saying it looked like som--some--a--uhh--a--a lady of the demi-monde in Paris.

AMELLE [((LAUGHS))

HEIDI [That's what he--I read that=

PAUL =Yeah=

HEIDI =No it looks really nice. And it's really nice living together.

PAUL Yeah. Yeah. Ahhh. Me heart--heart--heart's just moved then.

HEIDI [((LAUGHS))

AMELLE [((LAUGHS))

KEISHA [((LAUGHS))

PAUL It has! Ah no it's great to see you and well done girls. [Yeah. And long may you reign, d'you hear me? [Put your

AMELLE [Thank you very much.

HEIDI [Thank you. [Ahh=

KEISHA [Thank you.

AMELLE =Awhh.

PAUL hands together please for Sugababes, come on!

[AUDIENCE APPLAUSE]

PAUL Bobby Davro! I was gonna get him in for you!=

KEISHA =[Oh my god ((LAUGHS))=

PAUL =I was! Bobby Davro!

[[ENDS]]

Mutya Buena : Interview (GMTV 2009)
https://www.youtube.com/watch?v=q1S16RwqodU
TheSugababesLover91

LORRAINE So now most women would give anything for a smaller bottom. But not my next guest, oh no, because former Sugababe Mutya was sooo annoyed a--with her body after the birth of her first child she decided to get a bum and boob implant and she's here right now. Not at the same time I hope?

MUTYA No [no no you have to urh--you have to leave about six

LORRAINE [((LAUGHS))

MUTYA weeks [uhm apart.

LORRAINE [I'll bet you do, [I bet you do. So what--what was

MUTYA [Yeah.

LORRAINE all this about was it just--you were just feeling a bit..

MUTYA D'you know what it was, it's just uhm--I thought about it for so--for a little while anyway but uhm--to tell you the--I love 'em, I [love 'em. No I just I think it's erhm

LORRAINE [Yeah?

MUTYA y'know, I wouldn't change anything about 'em [and, you

LORRAINE [Right.

MUTYA know I've never been against the whole surgery thing, so to me it was--to go out there I--I mean had--had to build up my confidence anyway 'cause obviously getting surgery's not the easiest thing but uhm, no but--I'm so happy with them, really, and I just thought, you know, when I had my daughter--

[[FOOTAGE MISSING]]

LORRAINE --[the whole thing..

MUTYA [you know it was kind of like laying down it all kind of went *phwyoo*=

LORRAINE =((LAUGHS))=

MUTYA =And I just thought to myself *why not just you know pull it all back together and*=

LORRAINE =Yeah=

MUTYA =*You know get back yourself*, ‘cause [you wanna..

LORRAINE [And you--you feel now more like yourself, [this is the way you're supposed to be.

MUTYA [Yeah no definitely, I love ‘em.

LORRAINE Was it painful though?

MUTYA Uhmm the process, it wasn’t as bad as I thought--I [thought my breasts hurt a lot more=

LORRAINE [Right. =Mmmh=

MUTYA =Actually than anything else, uhm, actually I still can’t feel my--my right side [((LAUGHS))

LORRAINE [Right OK. But it’s getting there [hopefully.

MUTYA [It’s getting there, it’s getting there [but yeah it’s alright.

LORRAINE [It does look fine, it looks very natural, and what about your bottom, what did they do to your bum?

MUTYA It’s exactly the same--[same process--

LORRAINE [Really?=

MUTYA =Yeah=

LORRAINE =Ooo what they just put like a wee implant [in there?

MUTYA [It is yeah, it’s just exactly the same thing but uhm it’s--again it was kind of like just everything just sort of pushes up [and then, you know you

LORRAINE [Yeah.

MUTYA just don’t have to worry about it [again.

LORRAINE [And especially in this sort of job that you do, if you’re not feeling confident, if you’re feeling not happy with your body it’s very difficult to then go on and then give a [performance, you know?

MUTYA [Yeah. No definitely, I think you know what it’s--it’s always--it’s better to feel better about yourself than not, and erhm

you know I just--I believe if you wanna feel good about yourself no matter what anyone thinks about it, you know you shouldn't care 'bout what anyone thinks anyway, but erh go for it definitely.

LORRAINE Was it really expensive?

MUTYA No, no to tell you the truth you know what there's so much uhm different ways of uhm doing things, I mean Transform, they're the ones that had--had worked on me=

LORRAINE =Right=

MUTYA =Thank you. Uhm and they, you know, they've got different ways of having to pay for [things, and--

LORRAINE [Oh right OK, so you don't need [to--OK

MUTYA [Y'know, they do 'packages', ['packages', which seems really weird=

LORRAINE [Oh right OK. =Gosh, it's like buying a car or [something it's very strange.

MUTYA [Yeah it is.

LORRAINE So, you feel better and obviously you're out on your own now [because y--you know obviously we remember you with

MUTYA [Aha.

LORRAINE the Sugababes. [But you're out on your own and there is

MUTYA [Yeah.

LORRAINE more pressure on you when you're on your own [so I can

MUTYA [Yeah.

LORRAINE understand why you want to look the best that [you want to

MUTYA [Yeah, of course.

LORRAINE be. Uhm, you do have a new single out. [When is that

MUTYA [I do.

LORRAINE coming out, end of the month I think?=

MUTYA =Comes out on the twenty seventh, [it's called Fallin', [uhm it was done by

LORRAINE [Twenty seventh. [Right.

MUTYA Agent X and me and Ultra who's a really good friend of

mine, uhmm--we're doin' [it together.

LORRAINE [Cool, shall we have a look?=

MUTYA =Yes

[please.

LORRAINE [Here we go.

[VIDEO: FALLIN' MUSIC VIDEO: 27s]

LORRAINE Ooh you look very sexy.

MUTYA God they've made my s--

[[FOOTAGE MISSING]]

[[GLITCHES]]

MUTYA --[Thank you.

LORRAINE [I hope that goes really well, [but as you're here I

MUTYA [I hope so too.

LORRAINE need to ask you about what's happening with the Sugababes. Goodness me, the line-up changes over the years, I can't keep up with it, you know it's been [extraordinary,

MUTYA [Yeah.

LORRAINE there's been so many different changes, and now well what-- what is the state of play, have you spoken to any of the girls, [what's happening?

MUTYA [Uhmm, I've spoken to Keisha, and it's just--to tell you the truth, I just--me--I j--personally I just don't think the Sugababes is the Sugababes anymore.

[IMAGE: MUTYA, KEISHA AND SIOBHAN 2001: 9s]

MUTYA I mean [it would have been different--

LORRAINE [That's the original line-up, [that was way back when--at the very very start.

MUTYA [Yeah, it would have been different if there was--y'know if Keisha had stayed in it [and someone else had gone y'know, then it would be

LORRAINE [Yeah.

[VIDEO: ROUND ROUND MUSIC VIDEO: 10s]

MUTYA Sugababes, but, wow, but you know, I suppose now there's no original Sugababes we should just all reform again.

LORRAINE Ah--why [don't you!? You--you and Keisha could--ehh--you--

MUTYA [((LAUGHS))

--D'you know what, I mean to tell you the truth it--it's just a nice--it's a nice thing to know that I still have contact with both of them=

LORRAINE =Yeah=

MUTYA =Uhmm and it's just.. I'm very--I'm quite disappointed, I'm actually quite disappointed, obviously the brand name of Sugababes will always carry on=

LORRAINE =Yeah=

MUTYA =But to say there's no original in the Sugababes it kind of puts it down a bit.

LORRAINE Yeah, it's a bit [strange. [I think that everybody was

MUTYA [Mmm. [It is very strange.

LORRAINE quite--quite shocked, 'cause [we weren't sure.. Because

MUTYA [Yeah.

LORRAINE first of all we heard that Amelle was going, [that was the

MUTYA [Right.

LORRAINE thing that she was--she was going, and then she wasn't going, and then.. So it's all--it's all gone a bit mad. Did they all fall out? Or was it just--what do you think's happened d'y--don't know?

MUTYA No, I mean to tell you the truth I mean I heard there was rumours about Keisha being a bully but--to tell y--that's all lies, I mean y'know, the reasons why people had left is not because of y'know, of bullying, to tell you truth, I think everyone y'know, everyone's got their own opinion about things but they're all grown women=

LORRAINE =Yeah=

MUTYA =Y'know--no--if.. Y'know, no one's gonna allow another woman to--like I would never let another person bully me. So to the whole bullying y'know subject [I think it's all rubbish.

LORRAINE [Yeah.

Well, I can see the two of you getting together you know and be--be Suga--Suga-women.

MUTYA Well you know I mean we're all grown up, I haven't been

with the Sugababes for so [long and--

LORRAINE [No, it's a long time=

MUTYA =You know

and I've had my.. my years of growing up and learning about what I want in life [and getting to look after my

LORRAINE [Sure.

MUTYA daughter, so you know hooking up with the rest of the girls you know I think that could be an amazing idea.

LORRAINE It's a great idea! [It's a great idea. Good luck with the

MUTYA [Definitely.

LORRAINE new single=

MUTYA =Thank you=

LORRAINE =And erh, with the new boobs. [They

MUTYA [Oh yeah!

Great stuff!

LORRAINE are looking very nice, very perky=

MUTYA =Thank you=

LORRAINE =Thank you very much [((LAUGHS))

MUTYA [((LAUGHS))

[[ENDS]]

2009-11-12 GMTV - Q&A

https://www.youtube.com/watch?v=DO604bWIGWw

heidirangefan1

[GMTV IDENT: 2s]

JADE [Hi we're the Sugababes.

AMELLE [Hi we're the Sugababes.

HEIDI [Hi we're the Sugababes.

[[CUT]]

INTERV. So the question is from Delaney, and erh he wants to know *what makes you different from the original Sugababes? And have you had any contact with Keisha since the split?*

HEIDI I think what--what--what is different with this line-up is, it's kind of obvious, y'know uh--Jade! ((LAUGHS))=

JADE =[((LAUGHS))

AMELLE [((LAUGHS))=

HEIDI =Uhm, I--you know the Sugababes has always been about three vocalists, together, and that's what we--has always been important to us so when we were y'know, well when the label were looking for a new member and approached us they suggested Jade and we just loved her voice y'know, and she seemed like a lovely person then we met and she is a lovely person. But yeah it's just about people bringing their own stamp to it like when Amelle joined you bring your own voice and--and personality and y'know, that's--that's the difference I suppose=

AMELLE =Yeah=

HEIDI =Umh=

AMELLE =And with the Keisha thing, uhhm--yeah I haven't heard from her, and I haven't had any cont--erhm c--=

HEIDI =Contact=

AMELLE =Contact. Sorry I can't get my words out today, yeah I haven't had any contact with her and I also haven't contacted her but, yeah, we've just been really busy as

well to be honest we haven't really thought about--things.

INTERV. OK. Jordan wants to know *what are your favourite songs from the entire Sugababes back catalogue and why?*

AMELLE Ooh.. [(INAUDIBLE)

JADE [I like Too Lost In You a lot=

AMELLE =Yeah. That's definitely one of my favourites. Breathin' Easy, [love that song.

HEIDI [Breathin' Easy, yeah. You--you like that [as well? Yeah.

AMELLE [Yeah, really yeah=

HEIDI =It's--it was on the--the--the first, well my first album, Angels With Dirty Faces. It was never a single, it was an album track but it's just such a lovely song and erhm I just love it everytime I hear it.

AMELLE Yeah.

INTERV. And it wasn't released--it's not uh--

HEIDI --It was never a single no, mm--[uhm but--but we wrote it

AMELLE [Don't know why..

HEIDI ourselves so it's a song that I'm really proud of, and it's just really stripped back vocally, y'know, we could just really sing out. There's a track like that on the new album, Little Miss Perfect=

AMELLE =Yeah yeah yeah=

HEIDI =[Which we all love.

JADE [Which is all our favourites, yeah=

AMELLE =Yeah.

INTERV. Okay. SugaGirl62 wants to know why the new album's called Sweet Seven.

AMELLE Cause it's erh--seven' album and we're sweet as sugar.

INTERV. [((LAUGHS))

HEIDI [((LAUGHS))

JADE [((LAUGHS))=

AMELLE =That's not why--((LAUGHS))

HEIDI Yeah I think we wanted to keep the title simple, there's not much simpler than [Sweet Seven.

AMELLE [Yeah. It's quite sweet that we've got a seventh album, [y'know.

HEIDI [Yeah.

INTERV. Okay. This is from Amelle's Biggest Fan, uh *will there be a Sugababes tour next year?*

AMELLE Well hopefully, we're all really looking forward to it, but it--uhh--it'll probably be sort of--sort of March--uhh --time next year, so we just gotta prepare for it basically and erh--yeah.. So yeah there will be. [Yeah.

HEIDI [Yeah.

INTERV. Okay. And Scott in Sydney wants to know *will you be coming to Australia?*

HEIDI Ooh we'd love [to go to Australia.

JADE [Yeah we'd love to go ((LAUGHS))

AMELLE [I'd love to--I'd love to mate ((LAUGHS))

HEIDI Yeah definitely. We need some sunshine it's--although saying that it's pretty nice [today=

INTERV. =Yeah.

AMELLE [Yeah it is quite. It could change--change over again. But yeah hopefully one day.

INTERV. OK. Erh Leo R wants to know *do you ever forget your words?*

JADE I have been recently [((LAUGHS))

INTERV. [((LAUGHS))

AMELLE Well yeah you've had so much to [remember. But--

HEIDI [Yeah.

JADE --We've got a sh--our first show on Saturday so that'll be the test. [Nine songs. If I forget one though we've

AMELLE [Yeah.

JADE decided we're just gonna--we've got this phrase [called

AMELLE [Oh yeah--

JADE *living=*

AMELLE =Living=

JADE =And like our choreographer Jerry does it, but it's like--you know in the moment when you're sort of

freestyling he's like *and living living living liv*--so if
[we forget--

AMELLE [*And umhp-tss and umhp-tss*=

JADE =Yeah [((LAUGHS))

AMELLE [((LAUGHS))=

JADE =So if we
forget any moves we're all gonna [*live* together.

HEIDI [Just *live*=

AMELLE =Yeah just
live, [just *live*.

INTERV. [((LAUGHS))

JADE [((LAUGHS))

HEIDI [((LAUGHS)) People thought we were strange this
morning walking down the corridor because it--today was
our first erhm [performance live on TV and we only learnt

AMELLE [(INAUDIBLE) Yeah.

HEIDI the routine yesterday so--we were panicking practising and
we--people walking past thinking we were strange 'cause we
were like *so if I forget it I'm just gonna live* [*okay?*

INTERV. [((LAUGHS))

JADE [((LAUGHS))

AMELLE [((LAUGHS))

HEIDI Y'know. And they were like.. [((LAUGHS))

INTERV. [((LAUGHS))

AMELLE [((LAUGHS))

JADE [((LAUGHS))

INTERV. Uh, okay Sandra wants to know, *Jade, what was your*
favourite Sugababes song before you joined the band?

JADE Freak. Definitely. And I remember watching the video, I
remember seeing Heidi and going *oh I like the new one*=

AMELLE =[Aahh.

INTERV. [((LAUGHS))=

JADE =And I learnt the words, I loved that song.
So.. And now I'm the new one [((LAUGHS))

INTERV. [((LAUGHS))

HEIDI [((LAUGHS))

JADE [((LAUGHS))

INTERV. Okay, because this is GMTV we have to ask this and Marlijn wants to know--and she's ehh in The Netherlands. She said *I love you* so much, *and I want to know what do you eat for breakfast? How do you start the day?*

HEIDI Ooh.

AMELLE Ohh it dep--well.. I--

JADE --Today we had a full English=

AMELLE =Yeah=

JADE =Breakfast=

HEIDI =But that was 'cause we were picked up at [three forty five=

AMELLE [Quarter-- =This morning=

HEIDI =So at that hour you just need food=

JADE =[Yeah.

AMELLE [Exactly. But I used to--I normally have like a regular thing I always have like eggs beans and toast, it's just always fried egg, beans, toast. But recently I've got into porridge and I love porridge.

JADE Really?

AMELLE [So yeah yeah I don't know--never tried it, I just

INTERV. [Good for you.

AMELLE thought it looked like.. Well, we all know what it looks like right?

INTERV. [((LAUGHS))

HEIDI [((LAUGHS))

JADE [((LAUGHS))

AMELLE [((LAUGHS)) So I've never wanted to try it, but now I absolutely love it. It's quite refreshing and warm--warms you up for the day.

JADE I love pancakes, I really do love a pancake. In fact, when I first met the girls [that's the thing that we ate

AMELLE [Yeah.

JADE was pancakes. Erhm my mum made me some the other day, but

if I can't be bothered to do that then I probably just have Nutella on toast.

HEIDI I kind of, I'm--I'm naughty, 'cause I don't really have breakfast. I'll sleep 'til as late as possible. And then--so by the time I'm in work it's like lunch, [erhm, I know

AMELLE [((LAUGHS))

INTERV. [((LAUGHS))

HEIDI that's the wrong way to do things but yeah I always just stay in bed 'til the last minute. [Although I suppose my

AMELLE [Get--yeah (INAUDIBLE)

HEIDI breakfast now consists of tea in a flask that Amelle bought me=

AMELLE =Yeah, I've gotta [get you one Jade as well=

INTERV. [Aahh.

HEIDI =And so every [morning--last night because we were getting

AMELLE [We're matching.

HEIDI picked up so early I left the--the flask next to the kettle with [the teabag in.

AMELLE [That's exactly what I did! I did exactly the same=

HEIDI =And I got up this morning, my boyfriend had left a post-it note on top of the flask=

AMELLE =Aahh=

HEIDI =Saying uhm, *one sugar babe?* Question mark. As a joke.

JADE [((LAUGHS))

HEIDI [((LAUGHS))

INTERV. [Aahh. [((LAUGHS)) And you still forgot it?

AMELLE [That is sweet.

HEIDI [No I got--I brought it, yeah. So you've got--y'know

AMELLE [No we brought--[I brought mine with me this morning too.

INTERV. [You've got it.

HEIDI when it's cold you've got your tea in the car wi' you.

AMELLE Yeah [it warms you up, when everything's closed.

INTERV. [Aawh.

JADE [((LAUGHS))

INTERV. [((LAUGHS)) Erhh, Riley says *hi girls, hope Amelle's feeling better?*

AMELLE Yes. Feeling definitely better, feeling good and excited for--what's to come, missed the girls actually, really badly and appreciate all of your support as well, I love you both=

HEIDI =[((LAUGHS))

JADE [((LAUGHS)) [We love you.

AMELLE [Yeah, so yeah just really looking forward to getting back into it and just--a--a--y'know, done rehearsals and everything and uhh--yeah feeling good.

INTERV. Good. Uhh and he also wants to know *will the song from Sweet Seven, Miss Everything featuring Sean Kingston, be released as a single?*

HEIDI [We'd love it to.

JADE [We hope so=

AMELLE =Yeah hopefully=

JADE =It's one of our favourites.

HEIDI It'd be nice to put it out as a summ--y'know [early summer

AMELLE [Summer.

HEIDI track next year, definitely. [And we wanna meet him 'cause

INTERV. [Okay.

HEIDI we didn't actually meet him when we recorded the song=

AMELLE =No--

[yeah.

HEIDI [Uhm, and he looks really sweet so yeah it'd be nice=

AMELLE =I know 'cause you was saying you wanna [cuddle him.

HEIDI [You just wanna cuddle him=

AMELLE =We just wanna go cuddle him=

JADE =*Hug attack!*

[*Hoo-woo-wooh!*

INTERV. [((LAUGHS))

AMELLE [((LAUGHS)) Yeah. We'll just stick on him [((LAUGHS))

INTERV. [((LAUGHS))

HEIDI [((LAUGHS))

He'll think we're weirdos so--when we meet him we'll just be like that.. ((PERFORMS HUG))

AMELLE [Yeah.

INTERV. [((LAUGHS))

HEIDI [He's like *nice to meet you* [((PERFORMS HANDSHAKE))

AMELLE [Yeah, *alright girls?*

INTERV. Ermmh, Heidi, you're obviously not because you just talked about your boyfriend, but Rob also wants to know *are you all single? And good luck with your new album.*

HEIDI [Thank you Rob.

JADE [Oh [thanks ((LAUGHS))

AMELLE [Ahh thank you Rob. Uhh--Ross, or Rob.

HEIDI Rob=

INTERV. =Rob=

AMELLE =Rob=

INTERV. =Mmhmm.

JADE I'm not officially taken [((LAUGHS)) That's it--how I'm gonna answer that.

INTERV. [((LAUGHS))

AMELLE [((LAUGHS)) Sorry we're taking the.. Yeah, yeah yeah=

JADE =((LAUGHS))=

AMELLE =But uhm, no no I've--got no one [((LAUGHS))

INTERV. [((LAUGHS))

HEIDI [((LAUGHS))

JADE [((LAUGHS))=

AMELLE =No but happily I'm--I'm--yeah, all good. Single.

INTERV. Okay. And Jade..?

AMELLE In limbo, no [I'm joking.

JADE [In.. ((LAUGHS)) [We'll see how it goes ((LAUGHS))

INTERV. [Uhh, okay. And Heidi you're

very much..

HEIDI Yes=

INTERV. =Yeah=

HEIDI =Six years ((LAUGHS)) [Yeah. Very [happy.

INTERV. [Six years.

AMELLE [An--and your anniversary's already gone innit, I [thought of you on the anniversary though. Ahh.

HEIDI [Yeah. Yeah. Yeah, over six years now.

JADE [Wow.

INTERV. [Ahh. Look at the big smile.

AMELLE [It is innit. You miss him. Awh.

HEIDI [Just, you know. [Rubbin' it in ((LAUGHS))

AMELLE [On our way--[((LAUGHS))

JADE [((LAUGHS))=

AMELLE =Yeah--yeah, just that little bit more ((LAUGHS)) Like a bullet to the heart. No--joking.

INTERV. Erh, Sophie says *love the new short cut Amelle, what made you go for the big chop? And would you go even shorter? It suits you alot.*

AMELLE Erhm it wasn't my idea if I'm honest, to cut my hair, and I never--it's--the thought has never crossed my mind, I was like.. And when someone asked me, our hair stylist--but erhm--y'know we were sitting in a--an office and our stylist was there and everything, like *oh we think you should cut your hair,* I was thinking *how short?* And then uhm--*tell me, how short?* And I basically did not wanna do it, and uhm, and on my birthday decided *yeah let's just get it over with.* And then I'm really happy. I--yeah, [really chuffed.

HEIDI [I just can't imagine you going back to [long now.

AMELLE [Neither can I, I find myself looking weird, like with all my--[my hair.

HEIDI [With pi--

when I see pictures of you with it long, I go..

AMELLE Yeah it's very strange. [So much easier as well. Mmh.

HEIDI [And I never thought you'd do it.

AMELLE Yeah I know, [I know.

HEIDI [I remember saying to 'em, *no she definitely [won't, no way she's gonna cut it* ((LAUGHS))

AMELLE [*It ain't gonna happen* [((LAUGHS))

INTERV. [((LAUGHS))=

HEIDI =And then he went *well she has* [((LAUGHS))

JADE [((LAUGHS))

INTERV. [((LAUGHS))

AMELLE [((LAUGHS))

INTERV. Okay, and just finally, hopes for the future? Ten years time, where do you see yourselves? Still together the three of you?

JADE [I hope so, that'd be nice.

AMELLE [Could be, yeah.

HEIDI I think just--healthy and happy and=

AMELLE =Successful= =Enjoying whatever we're doing=

AMELLE =Yeah=

HEIDI =Yeah.

INTERV. Okay. If you just want to say goodbye to everybody.

JADE [Bye.

AMELLE [Bye everyone.

HEIDI [Bye everyone. Thanks for your questions and--just wanna say thank you for supporting us, erhm, [it really really

JADE [Thank you.

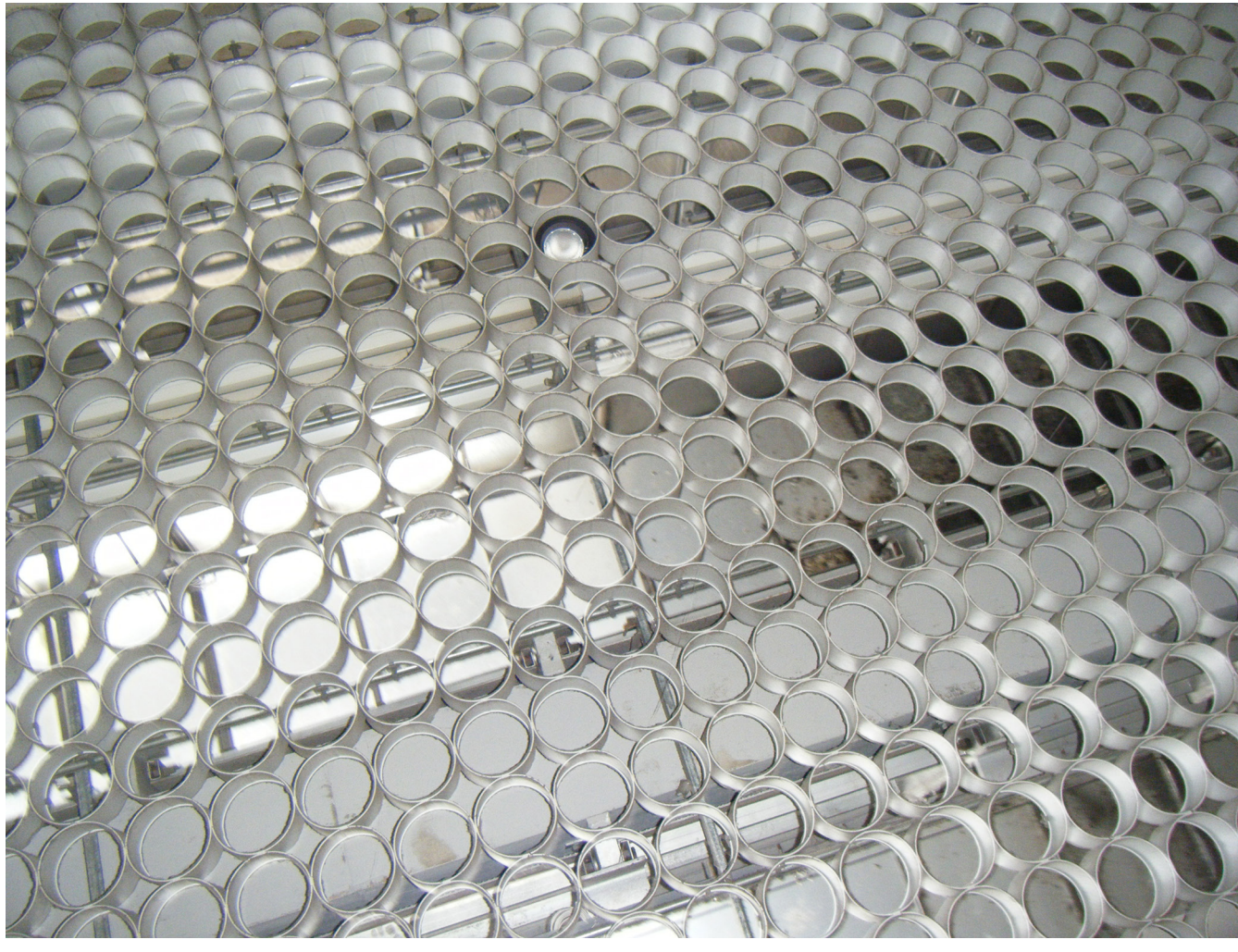
HEIDI means alot to us, and erhm we hope you like what we've got to bring in the future.

JADE And thank you for welcoming me to the band so--[((LAUGHS))

AMELLE [Yeah.

[GMTV IDENT: 2s]

[[ENDS]]



16 May 2009

At the 54th Eurovision Song Contest held in Moscow, UK entry Jade Ewen comes 5th singing It's My Time (written by Diane Warren and Andrew Lloyd Webber).

31 August 2009

Keisha, Heidi and Amelle release Get Sexy, the debut single from their forthcoming album, Sweet 7.

17 September 2009

Jade releases My Man, her first solo single outside of Eurovision.

22 September 2009

Heidi, Amelle and Jade are photographed shooting the music video for About a Girl at Vasquez Rocks, Los Angeles.

23 September 2009

Mutya appears on the TV show Lorraine and speculates that the original Sugababes should get back together.

8 November 2009

About a Girl is released, featuring new line-up Heidi, Amelle and Jade.

5 March 2010

After setbacks, Sugababes release Sweet 7, their seventh studio album.

TOO LOST IN YOU

- London Stansted Airport
  - Terminal interior

- Studio
  - Brightly lit (walls: white, purple, green)
  - Candlelit (walls: red, black)

BRENT CROSS
SHOPPING CENTRE

Sugababes : Interview (This Morning 2010)
https://www.youtube.com/watch?v=FPtuABG6Y4s
TheSugababesLover91

HOLLY They've sold over seven million albums worldwide and racked up number ones in fifteen different countries. They've had a few transformations along the way, but the Sugababes remain one of the most successful girl bands of all time.

[VIDEO: ABOUT A GIRL MUSIC VIDEO: 25s]

HOLLY Aahh! Heidi, Amelle and Jade join us now. Good morning girls!

HEIDI [Hello.

AMELLE [Good morning.

JADE [Morning.

PHILLIP Hiya.

HOLLY It's so lovely to see you all. And particularly to you Heidi, because I haven't seen you yet, [and I haven't

HEIDI [No.

HOLLY congratulated [you on getting engaged=

HEIDI [Yeah. =Thank you=

HOLLY =To gorgeous Dave [Berry.

HEIDI [Yes, gorgeous Dave ((LAUGHS))

[IMAGE: HEIDI WITH DAVE AT ELLE STYLE AWARDS 2008: 4s]

HOLLY Well congratulations, [very very exciting.

PHILLIP [Let's have a look, let's have a look, give [it a flash.

HEIDI [((HOLDS OUT LEFT HAND))

AMELLE [It's gorgeous.

PHILLIP That--[come on, let's get a shot of that, cameras are

HOLLY [Wowza.

PHILLIP zooming [in from everywhere. [Look at that!

HEIDI [((LAUGHS))

JADE [((LAUGHS))

AMELLE [((LAUGHS))

HOLLY [Ohh! So beautiful!

HEIDI Thank you.

HOLLY Excited?

HEIDI Yes, [really excited.

PHILLIP [How did he do it?

HEIDI Uh, he done it at home on New Year's Eve, and it was a surprise, I didn't expect it at all.

PHILLIP Ahhh.

HOLLY [So exciting.

AMELLE [And that smile hasn't left her face [((LAUGHS)) Really.

HOLLY [((LAUGHS))

PHILLIP [((LAUGHS))

JADE [((LAUGHS))

HEIDI [((LAUGHS)) That's alls I talk about with the girls, [they've heard the story a hundred times.

AMELLE [We've seen wedding dress--stuff--yeah.

HOLLY Ahhh. Well, I mean you girls, you g--I mean it's--start of a new year but y'know, it's--it's busy already. [It's

HEIDI [Yeah.

HOLLY kinda kicked--kicked off for you, you've got a new single, uhmm Wear My Kiss.

HEIDI [Yes.

AMELLE [Mhmm.

HOLLY So when is this--when is this out?

JADE February the [twenty second.

AMELLE [Twenty s--yeah.

HOLLY Okay, and we hear the video is a bit of a Sugababes extravaganza=

HEIDI =[((LAUGHS)) Yeah.

JADE [((LAUGHS))

AMELLE [((LAUGHS)) [(INAUDIBLE)

HOLLY [An army of Sugababes?=

JADE =Yeah

[Millions of us ((LAUGHS))

HOLLY [Sounds amazing.

HEIDI We didn't actually see it, we were away and then we got back and it was already on YouTube [so we were kind of

AMELLE [Yeah, like--

HEIDI the last people to see it=

AMELLE =[Exactly yeah.

HOLLY [Ohh!

JADE [((LAUGHS))

PHILLIP We've got a little bit of it now, I think=

HEIDI =Okay=

PHILLIP =[Yeah. Here you go.

HOLLY [Have a look.

[VIDEO: WEAR MY KISS MUSIC VIDEO: 15s]

PHILLIP [Ahh.

HEIDI [((LAUGHS))

HOLLY [It's good.

JADE [((LAUGHS))

AMELLE [I always cringe watching myself, [I don't like it.

JADE [I know!

HOLLY Do you not like it?

AMELLE No I like the video, I like the video yeah.

HOLLY But you just can't watch [yourself back.

AMELLE [It's just always me--yeah yeah yeah yeah.

HOLLY Really?

AMELLE Yeah--[dunno why.

HOLLY [You must be getting used to that by now though?

AMELLE I dunno it's a weird thing, do you? Do you not find [it as well?

JADE [Well I was busy watching my hair because I was like *oh god* [*it's sticki*--((LAUGHS))

HOLLY [Yeah how did that stay up?

AMELLE That was like [wire in.

JADE [They put a--yeah they--we--we stole a hanger from the dressing room and [bent it out of shape--

HOLLY [Ooh, the glamour.

JADE yeah put it in the ponytail and then bound it in wrap stuff. But it was really painful, and we was da--I had to take painkillers and we were dancing around [I was scared

HOLLY [Oh!

JADE it was just gonna smack [someone in the eye ((LAUGHS))

PHILLIP [The glamour of show [business.

HOLLY [Oh no!

AMELLE [Yeah.

HEIDI It was either gonna hit Amelle or me, [*wah-chh* ((FLICKS HEAD)) if it come off ((LAUGHS))

AMELLE [Yeah ((FLICKS HEAD))

JADE [((LAUGHS))

PHILLIP So before--before we talk about welcoming you, we--we'll talk about Keisha and--and--and--and her going. So what--what--what was the story behind that?

AMELLE Well basically me and Heidi actually left the band, like when we was out in LA uhm, it was y'know, we weren't happy for a very long time basically and we really did try and like--it just got the point where y'know we said like *we can't allow ourselves to be sort of be treated in this certain way*, so we just like, *d'you know what*, uhm we were out in LA and I--I spoke to management I think first didn't I? And was like *I can't carry on like this, I'm really sorry*. You know putting my career at risk and then Heidi was like, you know she can't handle it either basically and erhm said the same thing. And we thought--

HEIDI [We didn't know what..

AMELLE [Y'know we were willing to--yeah, [we didn't know what

PHILLIP [Hmmm.

AMELLE was going to happen=

HOLLY =To lose everything=

PHILLIP =[Yeah.

HEIDI [And then the label then came to us and said *we'd--we'd like to continue wi' youse, would you like to carry on with someone else?=*

PHILLIP =Mmh=

HEIDI =Which was a bit--it was a scary decision to make [obviously you know everyone makes a joke about it, the

AMELLE [Yeah.

HOLLY [Yeah.

HEIDI ch--[changes of line-up, which you can expect but, y'know

AMELLE [((LAUGHS))

HEIDI it was a big risk we didn't know whether it would work, but we love what we [do and thankfully it has and..

JADE [((COUGHS))

PHILLIP Well it's worked in the past, hasn't it?=

HEIDI =Yeah=

PHILLIP =And there has been--[it's--it's like a--it's like a--it's like a

HEIDI [No more [((LAUGHS)) No more!

AMELLE [Yeah, no. It's really done now [((LAUGHS))

JADE [((LAUGHS))

PHILLIP newly--it is like an [evolution. Yeah--((LAUGHS))

AMELLE [That could be embarrassing otherwise.

PHILLIP So, right--so okay--so this is the three [now, yeah?

JADE [((LAUGHS)) Yeah.

HEIDI [Yeah ((LAUGHS))

AMELLE [Yeah--yeah [((LAUGHS))

PHILLIP [And, erh--and so when did you get the call?

JADE Erhmm, gosh, it was like five o'cl--I woke up in the morning, I was meant to go to a rehearsal, and I thought I'd slept through my alarm, and this crazy woman was shouting through my letterbox. [And I was like *what is*

HEIDI [((LAUGHS))

AMELLE [((LAUGHS))

JADE *going on?* So I go downstairs and it's our manager, it was like five AM and she was like *if you wanna come, if you wanna be in the band you've got to pack your bags and get on the plane now.* And I was like.. *I don't eve*--yeah, I didn't even know where my passport was, anything, I was just like.. And I was sitting there--

PHILLIP --Did you know which band that they were talking about?

AMELLE [((LAUGHS)) Yeah.

JADE [Yeah, I'd just--but I thou--I didn't know at the time uhmm that Amelle and Heidi had left, I thought maybe Amelle had left. [And I th--

AMELLE ['Cause that's what was all in the paper [(INAUDIBLE)

HOLLY [Oh yeah of [course, of course.

PHILLIP [Yeah, [yeah.

JADE [Yeah. So I just was like--and then I y'know, I got on the plane but I didn't--a--the whole way there I was like *what if they don't like me? What if I meet them and I change my mind?* [*What do I do, do I come*

AMELLE [And then (INAUDIBLE)

JADE *back?* [((LAUGHS))

HEIDI [((LAUGHS))

AMELLE [((LAUGHS))

PHILLIP And did you hit off straight away when you [met?

HEIDI [Yeah.

AMELLE [Yeah we really got on.

JADE [Yeah, well we had pancakes, and [I love pancakes so I was like *alright*.

AMELLE [Yeah, tea and--in your room actually.

JADE ((LAUGHS))

HOLLY And of course they're a--an--a very established band with a huge back catalogue so you've had to sort of swot up on all of that and not only learn the new stuff but learn..

JADE Yeah. I find--I found learning the new stuff easier

actually, the older stuff's harder because you hear it all the time and you--you sing along for years and I've been singing the wrong words for years=

PHILLIP =[((LAUGHS))

AMELLE [((LAUGHS))

HOLLY [((LAUGHS))=

JADE =And so now I was like trying to learn new stuff and then erhm you know, we'll do live shows and the fans know the words better than you do, I get really nervous. I'm like *huhh! Hope I don't mess up.* [But yeah.

PHILLIP [So what have you done? Have you been, is it like an intensive *right, sit at home, go through the albums,* or have you be--you guys [giving you the proper words?

AMELLE [Oh we've been help--

[yeah.

HEIDI [Yeah.

JADE [Yeah. We sort of erm we'll have a half hour set, an hour set, an hour and a half. So I started with the nine songs for half an hour and we gradually add on y'know, as we go along. But erhm, [even yesterday I was learning a

PHILLIP [How many have you learnt now?

JADE new one. I don't know. The album was about.. Well I learnt the wrong album [((LAUGHS)) to begin with!

AMELLE [Yeah I know. The wrong songs!

HOLLY [What did y--

HEIDI [Our manager gave her the wrong album, she gave her [the songs we weren't using.

AMELLE [Couldn't believe it. [Yeah the wrong songs. Gone.

HOLLY [Oh no!

HEIDI [And poor Jade had learnt--

JADE [So I ended up using like--

I ended up learning about twenty songs--[((LAUGHS))

AMELLE [((LAUGHS))

HEIDI [((LAUGHS))

HOLLY [((LAUGHS))

PHILLIP [((LAUGHS)) For a whole load of stuff you didn't need!

JADE Yeah, yeah=

HOLLY =[That's [unbelievable!

PHILLIP [D'y--at some [stage that will come in

JADE [They were testing me.

PHILLIP really useful=

HOLLY =[Yes it will.

AMELLE [((LAUGHS))

JADE [Yeah ((LAUGHS))=

PHILLIP =You'll know it, and you'll have forgotten=

AMELLE =[Yeah that's true.

HOLLY [((LAUGHS))

JADE [((LAUGHS))

HEIDI [((LAUGHS))=

PHILLIP =[((LAUGHS)) Good stuff. Well--u--stay with us, because uh you're gonna--you're gonna come back after the break erhh the guy--the guys are sticking with us--uh--to talk to Dr Chris about a very special campaign to raise awareness for cervical cancer, which is straight after the break. So don't go away and we'll see you in a minute.

HOLLY See you in a minute.

[[ENDS]]

Sugababes : Interview With MSN Xclusives 2011
https://www.youtube.com/watch?v=Oe8BJGtcdgU
TheSugababesLover91

[MSN XCLUSIVES IDENT + FREEDOM ACOUSTIC AUDIO: 6s]

INTERV. Alright, hi Sugababes.

JADE [Hello.

HEIDI [Hello.

AMELLE [Hi.

INTERV. How’re you doing?

JADE [Good thank you.

HEIDI [Good thank you.

AMELLE [Good thank you.

INTERV. Excellent. Now you’ve just performed uhh your new single Freedom for us. You did it for the first time live I believe on T4 On The Beach. I--is that nervy doing that for the first time for an audience who haven't heard it before? Is it more nervous than y--y’know [the older stuff?

AMELLE [Yeah.

JADE Well yeah it’s nerve wracking ‘cause whenever you do a song for the first time live i--you tryna remember all the new bits and you’ve got choreography, and to such a big audience as well, T4, it was like--pressure was on--

AMELLE --And no one knows the song either so it’s like they can’t even sing it wi--along with you and stuff.. S--

HEIDI --But they were by the end of it=

AMELLE =Yeah they were, yeah and the--the fists in the air. It’s nice, [((THUMBS UP)) good sign.

INTERV. [That’s always a good sign=

AMELLE =[((LAUGHS))

JADE [But we were happy with the performance, we had a really good time actually at that one so we were glad.

INTERV. You’ve been in--in the band now for nearly two years

haven't [you?

JADE [Mmmh=

INTERV. =But this is only like your third single you've been on in--y'kno--has it been frustrating for you Jade? Y'know, two years work and not really getting to grips with it properly yet?

JADE It's just one of those processes, like you can't rush it--it--we want our music and our material to be the best that it can possibly be so there's no time limit on that you've just gotta put the work in, uhm, and w--that's our focus at the end of the day we wanna keep putting out good material, good songs, Sugababes has always been about the material that they put out so.. We're proud of this now and the time's right for us to come out so we're enjoying it.

INTERV. [Great.

AMELLE [Nicely put Jade=

INTERV. =Yeah! You've been [practising.

JADE [Thanks [((LAUGHS))

AMELLE [Yeah, it's like a script, that was wicked=

JADE =Two years now, [got the hang of it ((LAUGHS))

AMELLE [((LAUGHS)) Yeah ((LAUGHS)) Yeah ((LAUGHS))

INTERV. [Yeah ((LAUGHS))

HEIDI [((LAUGHS))

INTERV. *First interview, yes=*

HEIDI =That's what she's been doing with all the time off [((LAUGHS))

INTERV. [Yeah.

JADE [Yeah. Practising ((LAUGHS))

AMELLE [Yeah! Ha--yeah ((LAUGHS))

[[CUT]]

INTERV. Now this--Freedom obviously is the first single which will

be from your new album. Uhm, is that finished, the album? Has it got a title?

HEIDI [(INAUDIBLE)

AMELLE [Nearly.. Yeah--we should be thinking about that really.

JADE [It hasn't got a title, yeah the album's--title's a work in progress [really. Uhm, but yeah we've--I mean we've

INTERV. [Yuh.

JADE been recording for a long time now. But because we enjoy the creative process so much we don't wanna just say *that's it*=

AMELLE =Yeah=

JADE =So we've--we've tried to just keep writing and keep staying in the studio [and we'll kind of cherry

HEIDI [Yeah.

JADE pick the best songs at the very last minute so that we get [the best of it so..

INTERV. [Mhm. Is tha--

HEIDI --But suggestions are welcome [from our fans. They can

AMELLE [Yeah. Please do=

INTERV. =OK.

HEIDI tweet us ideas for the [album title.

AMELLE [We're thinking uhm *BACK*. [Just--

HEIDI [((LAUGHS))

AMELLE just *Back*.

INTERV. [Yeah? Or --or Work In Progress=

AMELLE =Can see it in lights, [in the sky.

JADE [She's--she's not being [serious ((LAUGHS))=

INTERV. [((LAUGHS))

HEIDI =[(INAUDIBLE)

AMELLE [((LAUGHS)) No, not really [((LAUGHS)

JADE ['Cause someone will think you're [being serious ((LAUGHS))

AMELLE [((LAUGHS)) They mi-- ((LAUGHS))--BACK!

INTERV. Are there any tracks on there that are particularly personal to you? Because the--the reason I ask that question is I--I read an interview you did with I think it was Digital Spy not so long ago where you said this a--album was more personal uhm--and less Americanised in fact you said as well. [What did you mean by that?

AMELLE [Yeah it's.. Well it's--it's--it--it's j--it's--it's by us this album, w--the last album we l--even though we absolutely loved it, uhm we didn't wi--write, y'know and [we're writers. We--we love to write

HEIDI [Yeah.

AMELLE and.. Uhm, y'know and it--it--and this album it just feels real to us. It's definitely our album because we've sat there together=

HEIDI =Yeah=

AMELLE =Writing and uhmm, even our little y'know random stories or, y'know if you're down or happy or you've got something to talk about or y--something's happened to your friend like--we--y'know [we've put that

HEIDI [Yeah.

AMELLE all in there--even fun, like we've written a lot of fun tracks as well, but uhmm.. Yeah, [no it's--

JADE [It's been good for us 'cause [like erh, we--we--we weren't--yeah we didn't

AMELLE [Yeah.. Got to know each other.

JADE record the album, even in the same place at the same time, the last album this was, [so.. This time round we've

AMELLE [Yeah.

INTERV. [Yeah.

JADE actually sat in the same room together and like Amelle said had conversations about it=

INTERV. =Hmm.

HEIDI I mean we--me and Amelle had a great time doing that album. We were in LA and New York but when [Jade ((LAUGHS))

JADE [((LAUGHS))

AMELLE [((LAUGHS))

HEIDI finally got round to doing it [it was in a shed! [In--
AMELLE [(INAUDIBLE)
INTERV. [In a shed?=
HEIDI =In a--well a sh--a little studio in the shed, in a--in our MD's back garden in Wimbledon. On [her own.
AMELLE [Yeah=
JADE =Yeah. And, might I add, they gave me the songs that didn't make the [album to learn. So I got to the studio and was like
AMELLE [Yeah.
JADE *yeah, dead professional,* [*first day,* and then didn't know
INTERV. [Yeah. Yep.
AMELLE [((LAUGHS))
JADE any songs [and was like *huoha! Huoah--what have I done?* So
AMELLE [((LAUGHS))
JADE I had to go in and relearn everything. But yeah, it's all good!
INTERV. It all worked out nicely [in the end [didn't it--yeah.
AMELLE [Yeah.
HEIDI [Yeah.
JADE [Yeah, they were testing me. I like to think I passed the test.

[MSN XCLUSIVES IDENT + FREEDOM ACOUSTIC AUDIO: 7s]

[[ENDS]]

Page 20 of the A to Z Atlas to London (1938) shows a roughly shaded rectangle labelled Hendon Greyhound Race Track, just below the River Brent, grid reference: D8. This land is now occupied by a section of the Brent Cross Shopping Centre car park.

In Kingsbury Library, Geoffrey Hewlett's Welsh Harp Reservoir Through Time outlines a decade in history where a naturist community would gather on private land by the waters of the Welsh Harp. During a particularly hot summer in 1930, a crowd of some 200 local objectors harassed the nude and semi-nude bathers. The event was named by London newspapers: The Sunbathing Riots. Police protected the naturists, but the stand-off ultimately led to the demise of naturism at the reservoir.

Mutya Keisha Siobhan (MKS) : Interview (BBC Breakfast)
https://www.youtube.com/watch?v=HWj-mxVPVD4
TheSugababesLover91

BILL The group started out as the original line-up of the Sugababes. But after a bit of a break up and more than ten years apart, Mutya Buena, Keisha Buchanan and Siobhan Donaghy are back by popular demand.

SUSANNA And the trio have rebranded themselves as MKS, their first name initials. And in a moment we're going to hear their new single and find out about the upcoming tour, but first let's remind ourselves of their original sound.

[VIDEO: SUGABABES TOP OF THE POPS MONTAGE: 1m10s]

SUSANNA You should have heard the [squeals in the studio.

BILL [Yes. Should have had the mics on there. [Amazing. Well the years just--

KEISHA [Oh my god=

SIOBHAN =Something embarrassing in their for all of us ((LAUGHS))

KEISHA [Yeah.

BILL [All of you--no you looked great [didn't you?

KEISHA [We were about fifteen and sixteen [years old then so we cringe. We cringe.

MUTYA [Yeah.

SIOBHAN Oh it's [cute though. It's cute.

MUTYA [Over the fringe.

BILL But you were so cool, [weren't you? The--the--that's clear

SIOBHAN [Oh thanks [((LAUGHS))

KEISHA [Thanks=

MUTYA =((LAUGHS))

BILL there, they were just--you were so--was it nerves or just you were--it was very stylised [just moving very still.

SUSANNA [The sitting on the chairs.

KEISHA [I--I think we were just--

SIOBHAN [I think it was a bit [of both.

MUTYA [Yeah.

KEISHA [I think it--bit of both. We were literally put out there and we didn't do the whole stage school--and it literally--we were literally just friends who grew up together and--we just went on stage and were like *oh OK, we'll just* [*sing then.*

SIOBHAN [But the--the--the stool routine for Overload was because of nerves=

MUTYA =Yeah=

SIOBHAN =Like I--I couldn't even really stand up let alone dance, I wanted to be sat down [and--so that..

BILL [But it was very d--it was very different, it looked really good to do it that way. [But you--but you were very young.

SIOBHAN [Yeah.

MUTYA [Yeah.

SIOBHAN [Super young.

MUTYA [Yeah we was about--I was about fifteen I think it was. And [then sixteen and..

SIOBHAN [That was crazy.

SUSANNA [Yeah. I'm not surprised you were nervous. [I mean

SIOBHAN [((LAUGHS))

MUTYA [((LAUGHS))

SUSANNA that's very young to have all of that kind of focus on you. [It's--it's--you talk about the fact that you grew up

SIOBHAN [Fun though.

SUSANNA as friends. But there was this moment wasn't there, when you split up, and I mean as splits go yours was described as pretty acrimonious. So how do we get from that point to the point where you are sitting smiling together [here on the sofa?

KEISHA [Yeah, well--we were--first--we were so young=

SUSANNA =Mmm=

KEISHA =And erm it was only when we met back up again with the--the thought of possibly doing music together that we realised that=

MUTYA =Yeah=

KEISHA =There was a lot of things that we didn't know that happened, there were a lot of people around us that would tear us apart and like pull one person aside and say that so--we never actually knew what the problem was, [it was always--

SIOBHAN [I wish someone had sat us down and sort of knocked our heads together=

MUTYA =Yeah=

SIOBHAN =Because I think that, y'know you're too nervous to just openly communicate y'know when you're that young and when we uhm--kind of met up and started hanging out again we realised that the--the problems that felt so big were really small and=

BILL =Mmh=

KEISHA =[And--

SIOBHAN [And sort of didn't exist anymore.

SUSANNA Do you feel then that in a way people were pulling your strings and--[you know, you--you didn't--

SIOBHAN [Yeah=

MUTYA =There was a lot of [stuff going on when we were younger.

KEISHA [I think it's--yeah. And I think it's easy because I think then you gain that sort of power when you've got [more of a divide going on.

SUSANNAH [Mmh.

KEISHA But like now we're thick as thieves and we're like *oh no,* [*we've spotted you a mile away*.

SIOBHAN [And we've also realised that you can put a positive team around you like, we--we have the power to do that, and we have done that so it's really lovely now.

BILL Would it be fair to say that your relationship, at the time, flatlined?

MUTYA [((LAUGHS))

KEISHA [((LAUGHS))

SIOBHAN [((LAUGHS))

BILL Oh gosh, [that's the name of your new single isn't it?

SIOBHAN [Like what you did there [((LAUGHS))

KEISHA [((LAUGHS))

MUTYA [((LAUGHS))

BILL Flatline. [Wow, [how did that happen?

SIOBHAN [(INAUDIBLE)

MUTYA [There you go.

SUSANNA Here we go, let's have a look.

[VIDEO: FLATLINE MUSIC VIDEO: 3s]

[[FOOTAGE MISSING]]

BILL --which is why you had to go to Los Angeles to film at Venice Beach. [Uhmm. What is--what do you think--what

MUTYA [Mhmm.

SIOBHAN [Good excuse to go there.

BILL is different for you this time round, the way you work together and the music? ['Cause you got an album, you just

KEISHA [Oh god..

BILL finished [working on the album--

SIOBHAN [The album's done.

MUTYA [Yeah we got the [album.

KEISHA [Yeah. That'll be out next year=

MUTYA =Mhmm=

KEISHA =Uhm, I think now we just have a very clear idea of who we are individually [first of all and how we work

SIOBHAN [Mmm.

KEISHA together as well, and we really do trust each other, we erhm, you know, we basically A&R'd our album. We--of--just feeling very positive--

BILL --You A&R'd your album, what's that mean?

KEISHA Uhh, A&R'd [that's like--you--creative..

SIOBHAN [As in like we--we got the list of producers together, we [contact them and..

MUTYA [(INAUDIBLE)

BILL You chose the people [who you worked with.

MUTYA [Mhmm.

KEISHA [Yeah--yeah, yeah.

SIOBHAN [Yeah. It was important to us that ehrm--you know we explored all avenues=

KEISHA =Yeah=

SIOBHAN =We all like sort of very different genres of music, and I think it's the blend, uhh when it comes together that's what's really special about this band.

SUSANNA Is it really weird that while you are MKS there is this kind of constantly shapeshifting Sugababes entity out there at the same time living in a sort of parallel musical universe?

SIOBHAN [((LAUGHS))

KEISHA [Well they're--I don't think they're actually doing anything at the moment=

MUTYA =Yeah=

KEISHA =But, I think from our s-- people will say *oh yeah the original Sugababes,* and we don't mind because that's who we are and we never run away from that we're like *yeah, Sugababes,* [definitely.

SIOBHAN [But we love the new name [probably because of that=

KEISHA [Probably--

MUTYA =Yeah=

KEISHA =Yeah=

BILL =[Yeah.

SIOBHAN [Like, it was about a fresh start, and erhm sort of acknowledging that--f--y'know f--this time for us is about the three of us [and about y'know what we set out to do [originally.

MUTYA [Yeah, of course.

BILL [And--and you're setting a--about things in a--in a different way in the sense that previously you were driven around in limousines all the time and now you are actually going by public

transport.

SIOBHAN Sometimes [((LAUGHS)) Sometimes.

MUTYA [Oh no. Oh here we go.

KEISHA [((LAUGHS)) That's a--yeah, we--[((LAUGHS))

SIOBHAN [Not--not for work!

BILL Well, those of you who can work out where you're going on public transport, is that--is that--

MUTYA --It wasn't even that! Our--I--I'm, [yeah, [I'm not very

SIOBHAN [Mutya--

KEISHA [We (INAUDIBLE)

MUTYA good [with changing overs and, yeah..

KEISHA [Me and Mutya--me and Mutya ex--[we--

SIOBHAN [Mut--when we first--[((LAUGHS)) When we first got back together, like I take

MUTYA [I got lost.

SIOBHAN the tube all the time, for me it's like--[it's the--it's

KEISHA [Yeah.

SIOBHAN the best way [of getting around London.

KEISHA [Whereas we always were picked up and dropped off. And I actually sold my car and I was supposed to get another one, then one day I was stuck and I was like *there's no taxis*. Siobhan was like *get on the train*. I got on the train and it was the most amazing experience ever and I was like [*you can get there so quickly*. And then we

BILL [((LAUGHS))

SUSANNA [((LAUGHS))

KEISHA got [Mutya involved.

MUTYA [I--yeah, I was--I [was never--

BILL [This train, this locomotive business, it's revolutionary.

KEISHA It's re--[it's amazing.

SIOBHAN [I know! [Who knew?

MUTYA [It's the quickest way round. It's like, you don't have to sit in traffic [and--

KEISHA [I literally ha--I

haven't--

SIOBHAN [You don't need to tell people, they know Mutya [((LAUGHS)) It's just you that doesn't!

SIOBHAN [((LAUGHS))

KEISHA [((LAUGHS))

BILL [((LAUGHS))

SUSANNA [((LAUGHS))

MUTYA [I know ((LAUGHS))=

KEISHA =I haven't got a car [since then. [We love it, we love it honestly.

MUTYA [Sorry.

BILL [(INAUDIBLE) Get out there, try. [Public transport.

MUTYA [I do! D'you know what I can't help it now, I--I love just jumping on it.

BILL But the diffi--wa--you know--back in the limelight you know you might get--you--you'll get spotted surely--

SIOBHAN --We do [quite a lot.

KEISHA [Oh yeah we do I've--I was sat next to someone who was actually listening to one of our old albums sitting on the train. And Mutya actually brought something in it was this newspaper clipping and she was like *got this off a guy on the train.* I was like *excuse me can I have that?* It was us in the paper [and he was like *here you go*=

SIOBHAN [((LAUGHS))

MUTYA =Yeah=

KEISHA =Yeah so..

SUSANNA And when you heard the music, coming through the earphones of the person sitting next to you, did you tap them on the [shoulder?

MUTYA [She started singing along.

KEISHA I didn't I just sort of looked and he just looked up and was [like *oh my god I'm listening to you.*

SIOBHAN [She probably would [sing along ((LAUGHS))

MUTYA [I know ((LAUGHS))=

KEISHA =But [I would sing along, yeah.

SUSANNA [And he didn't realise that you were there?

KEISHA Huh--no he didn't I was just sitting next to him and I was like.. noticing, and he looked up and he was like *oh my god=*

SIOBHAN =I've been on the tube and they've been reading uhm--ES Magazine and reading our article next [(INAUDIBLE)

BILL [Ah, that's great. Uh--and you g--you've been--you will be performing again now?

SIOBHAN [Yeah.

KEISHA [Yeah, yeah. Yeah, for us [we're definitely..

SIOBHAN [We've got a tour coming up in November=

KEISHA =[November.

MUTYA [Mhmm.

BILL So, when you start will there be nerves? Will you have to sit on stools to begin with [(INAUDIBLE)?

MUTYA [((LAUGHS)) No.

KEISHA [((LAUGHS)) We do that stool

SIOBHAN [((LAUGHS)) Just for the one song.

KEISHA for the routine, for the one song. But, yeah we go on tour and we're so excited about it and we can't wait to see our fans, [so yeah.

SIOBHAN [It's gonna be amazing.

BILL [Mmmh=

SUSANNA =Wouldn't it. Well it's great to see you, thanks [so much (INAUDIBLE)

MUTYA [Thank [you.

KEISHA [Thank you.

SIOBHAN [Thanks for having us.

BILL That's MKS. Of course this morning, for one morning you could have called yourselves not the Sugababes but the Sofa Babes, would that have [worked?

KEISHA [Oohh! Sofa Babes!

SIOBHAN [Wahey! ((LAUGHS))

MUTYA [The Sofa Babes. Well there you go, there's a new one ((LAUGHS))

BILL Ok, [thanks very much=

SIOBHAN =Thank you.

SUSANNA [And the MKS single Flatline is out now.

BILL We're going to speak to the author of the Jack Reacher thrillers Lee Child in just a moment.

SUSANNA Before we do, here's a quick look at what's happening where you are this morning, see you in a moment.

[[ENDS]]

Sugababes chose to perform on bar stools because they did not want to - and could not - dance like the other pop acts of the year 2000. They couldn't be bothered, they said. And as Siobhan later admitted, they were nervous.

When Mutya, Keisha and Siobhan got back together in 2013 they watched a video of their Top of the Pops performance on YouTube to relearn the moves. The Overload routine has become a Sugababes hallmark, along with their three part harmonies.

A stool is a crutch of sorts, a scaffold and a stabiliser: it raises the body to the height of a standing person, whilst remaining seated. The sitter is not resting, but on an edge, looking out. A person on a bar stool is held, much like a person on a balcony, static and public at the same time.

The Overload dance routine is basic and by that we mean it is elemental. Rudimentary maneuvers carry the song. Their miscellaneous lyrics knock together blunt as flint. It's the audible negotiation of three octaves intertwining that makes the Sugababes' performances shine. It's the assuring glances from stool to stool, mid-song; that awkward zeal, and the quiet dignity of colleagues.

Mutya Keisha Siobhan (MKS) Interview, Dublin on Xpose
https://www.youtube.com/watch?v=_K1Y7M3j5wM
John Ralph

[[FOOTAGE MISSING]]

MICHELLE --line-up, the original Sugababes are officially back in business, with a new sound and a new name.

[VIDEO: FLATLINE MUSIC VIDEO: 8s]

SIOBHAN You know we'll--we'll always be known as the Sugababes to people, I think that's sort of--y--you know, you can't get away from it, and you know it's a--a history that we're proud of, uhm but it was--it was like putting erhm a lot of importance on the fact that it's three individuals rather than a brand=

MICHELLE =Mhmm=

SIOBHAN =I think that's important.

MICHELLE Great. Now I'm gonna ask the obvious question, how did it all come about? Or how did you get back in talking--and it all come together?

KEISHA Well when I left uhm the Sugababes in two thousand and nine we sort of met up and it just didn't feel like the right time and we didn't want it to feel like gimmicky=

MICHELLE =Yeah=

KEISHA =You know so uhh we didn't do it then but later on we just--the fans like everywhere we went, they were like *you gotta get back with the girls,* and--you know, we were all three doing separate things in our lives but we felt like, you know, we've definitely gotta try this=

MICHELLE =[Mhm.

MUTYA [Yeah=

KEISHA ='Cause we felt like the story was sort of unfinished [anyway=

MICHELLE [Yes.

SIOBHAN =Totally=

KEISHA =And erh we y'know, sat together and we were like *let's see if we get on first,* [*and then--*

SIOBHAN [((LAUGHS))

KEISHA ((LAUGHS)) *And then let's see what we sound like together* and the blend was still there and we just went from there [literally.

SIOBHAN [Yeah that was a lovely day when we were--like the first day in the studio and w--we kind--we were writing and, like the first time we did a three part harmony, y'know, in [what was like a decade, it was lovely, you know. So

MUTYA [Just felt natural.

SIOBHAN that--I think--combination of things came together where it just felt like, you know, we really had to do it.

MICHELLE Yeah. And it's all about timing as well, and I think we all grow up as we--you know, things change.

KEISHA [Yeah.

MUTYA [Of course yeah we're all a lot older now and uhm..

KEISHA We were like sixteen [the last [time, fifteen sixteen, so..

MUTYA [Yeah.

SIOBHAN [Yeah.

MICHELLE [Crazy.

MUTYA [So long ago.

SIOBHAN [It's a lot of pressure=

KEISHA =Yeah=

MICHELLE =Hmm=

SIOBHAN =So much pressure and, you know we were even like home-schooled towards the end of our, erhm secondary--like--education and that puts a lot of pressure on you as well, you know, it's such a different lifestyle to what your friends woulda had, [you

MICHELLE [Yeah.

SIOBHAN know, so it's nicer now I think--I think we can appreciate it a bit [more, and..

MICHELLE [Mmm. Because you have--you a date in the New Year as well, so this is the pre-New Year's Eve--

[[FOOTAGE MISSING]]

[[ENDS]]